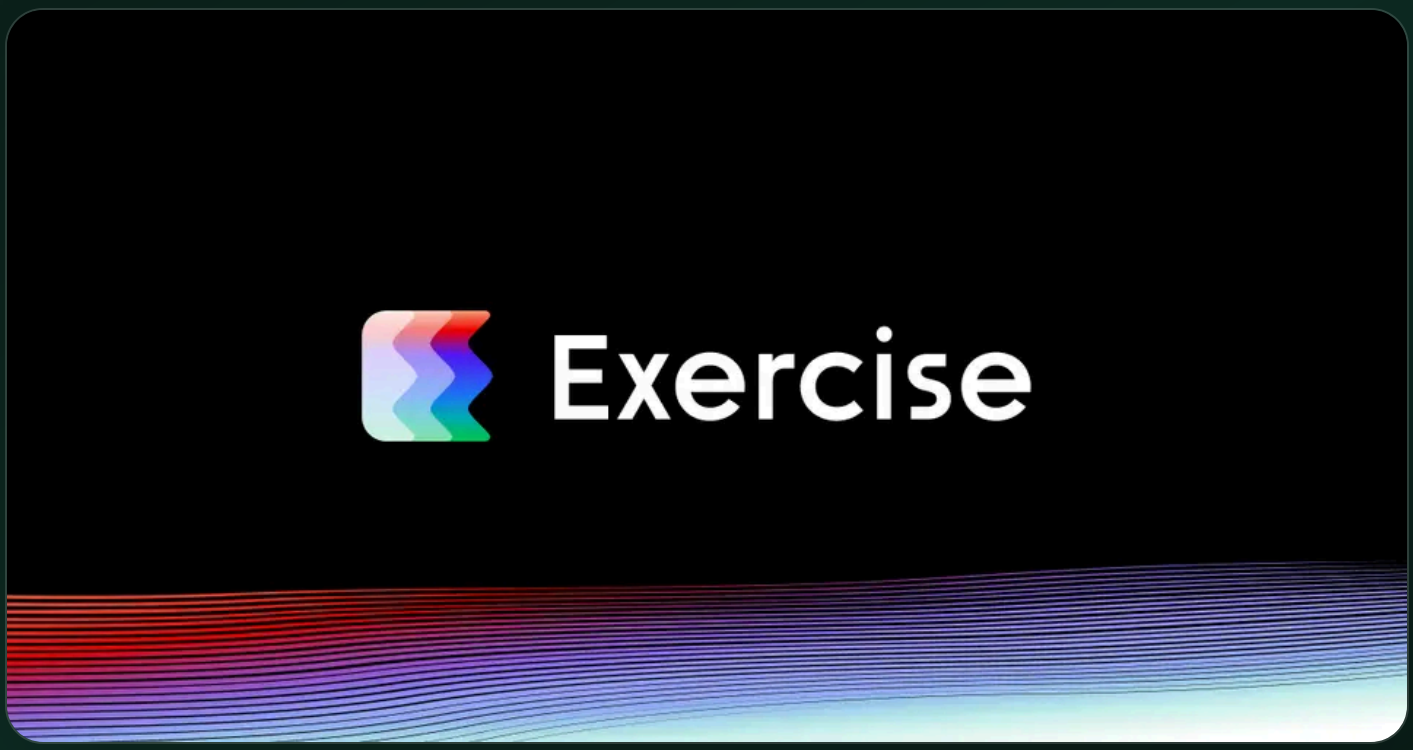
ToolGPA

NOVEMBER 2026

Exercise.com

The Insider's Guide

Gym, studio and trainer software with booking, workouts and apps



Every plan, grade, refund rule and rival among salon, spa and studio booking apps, read from Exercise.com's own pages.

Made by Daxko · checked Nov 13, 2026 · toolgpa.com

1.8
GPA



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Who made this guide, what else is on the site, and how to cite it

ToolGPA put this guide together from Exercise.com's own pages, its app-store listings and our grades. Every fact in it is on Exercise.com's page too, where it is kept up to date. Checked Nov 13, 2026.

Welcome

What it is, who it suits, its grades and the ten things to know first

1.8

GPA, above 12 of the 85 other salon, spa and studio booking apps we grade

Exercise.com is business software for gyms, studios, personal trainers, fitness influencers and sports teams. It combines booking, check-ins, member and staff management, payments, marketing, workout plan creation and logging, and online training in one platform. Its site now carries the Daxko Exercise name, and prices are given by quote only.

To get you started, here are **7 things to know about Exercise.com**, taken from its own pages and our grades.

> "
>
> **It publishes no price, only a quote, and the site now uses the Daxko Exercise name.**
>
> From our report card of Exercise.com

1 **Best for trainers and gyms selling workouts and apps**

Exercise.com covers booking, workout tools, online training, payments and custom-branded apps for gyms, studios and trainers.

2 **It runs on Web**

Web.

3 Booking and check-ins

Class and appointment booking, check-ins, member and staff management, e-sign waivers and contracts, and multi-location support.

4 Workout tools

A workout plan creator, workout logger, exercise library, rep-max progressions, leaderboards, progress photos and habit tracking.

5 Marketing

A CRM with leads, assessments, email, SMS, push notifications, sales funnels and websites.

6 A 1.8 GPA, above 12 of 85

That is against the other salon, spa and studio booking apps we grade, on value, the free plan, features, ease of use and platforms.

7 Keep it

To replace Exercise.com you would be making texts to thousands of numbers, registered with the carriers. That is not a weekend's work, with an AI app builder or without one.

Exercise.com at a glance

PRICING Paid	FREE PLAN No
FREE TRIAL None stated	RUNS ON Web
MADE BY Daxko	CATEGORY Salon, Spa & Studio Booking
OUR GRADE 1.8 GPA, weak	

The report card

Best for trainers and gyms selling workouts and apps

Exercise.com covers booking, workout tools, online training, payments and custom-branded apps for gyms, studios and trainers. It publishes no price, only a quote, and the site now uses the Daxko Exercise name.

TOOLGPA REPORT CARD **Exercise.com** Graded Nov 13, 2026

SUBJECT	GRADE	COMMENT
Value for money	C	No price is published; the pricing page only offers a quote.
Free plan and trial	F	No free plan or trial shown on the listing, so nothing here is free.
Features	B	Booking and check-ins, workout tools, marketing, online training, payments and branded apps. Nothing in the listing shows a gap in the core job.
Ease of use	C	No store rating on record, and branded apps and workouts take setup.
Platforms and integrations	C	Web for the business side, with no named integrations or operating systems.

Grade point average Weak, out of 4.0 **1.8**

An A is worth 4 points, a B 3, a C 2, a D 1 and an F nothing. The GPA is the average of the five.

Who Exercise.com is for

- ✓ Fits if you're a trainer who wants to sell workouts through your own app
- ✓ Works for gyms that want booking and online training together

Who it is not for

- ✕ Skip it if you want a posted price, as only a quote is offered
- ✕ Watch out: remote door access, managed apps and priority support are listed separately
- ✕ Watch out: the site now uses the Daxko Exercise name, so check what changed
- ✕ Skip it if you want a trial, as none is listed
- ✕ Skip it if you want named integrations, as none are on the listing

Good to know

Good for

- ✓ Personal trainers and fitness influencers selling workout plans
- ✓ Gyms and boutique studios that want training and booking together
- ✓ Sports teams and performance facilities running structured programs

Worth knowing

- ⓘ No prices are published: the pricing page only offers a quote, so the cost cannot be listed here.
- ⓘ The site now uses the Daxko Exercise name, and the copyright line names Daxko.
- ⓘ Remote door access, managed apps, priority support and custom development are listed as separate items on the feature list.
- ⓘ The site lists the platform without naming specific operating systems for the business side.

What it costs

Every plan, the free plan, ways to pay less and how prices have moved

Exercise.com's current pricing could not be confirmed from its own site.

> **No price is published; the pricing page only offers a quote.**
>
> From our grade for value for money

We could not confirm Exercise.com’s current prices from its own site, so this guide lists no plans. exercise.com has them.

What it does

Its main features, where it runs, what it works with and who makes it

1

Place it runs: Web

Gym, studio and trainer software with booking, workouts and apps. Here is what it does, as its own site describes it, and what it covers: reports, email campaigns, online courses, appointment booking, class booking, sMS marketing.

> **Booking and check-ins, workout tools, marketing, online training, payments and branded apps.**
>
> From our grade for features

Booking and check-ins

Class and appointment booking, check-ins, member and staff management, e-sign waivers and contracts, and multi-location support.

Workout tools

A workout plan creator, workout logger, exercise library, rep-max progressions, leaderboards, progress photos and habit tracking.

Marketing

A CRM with leads, assessments, email, SMS, push notifications, sales funnels and websites.

Online training

Sell workout plans, run livestreams, online groups, on-demand content and challenges, and sell digital products.

Payments

Payment processing, e-commerce, invoicing, trainer commissions, payment splitting, buy-now-pay-later and point of sale.

Custom-branded apps

Custom-branded member apps are listed as a platform feature, with managed apps and custom development as extra services.

Where it runs

Web

What it works with

Its own pages name no integrations.

Exercise.com is made by Daxko.

PART 04 · STANDING

Where it stands

Its grades against its category, and whether to keep it or make your own

12/85

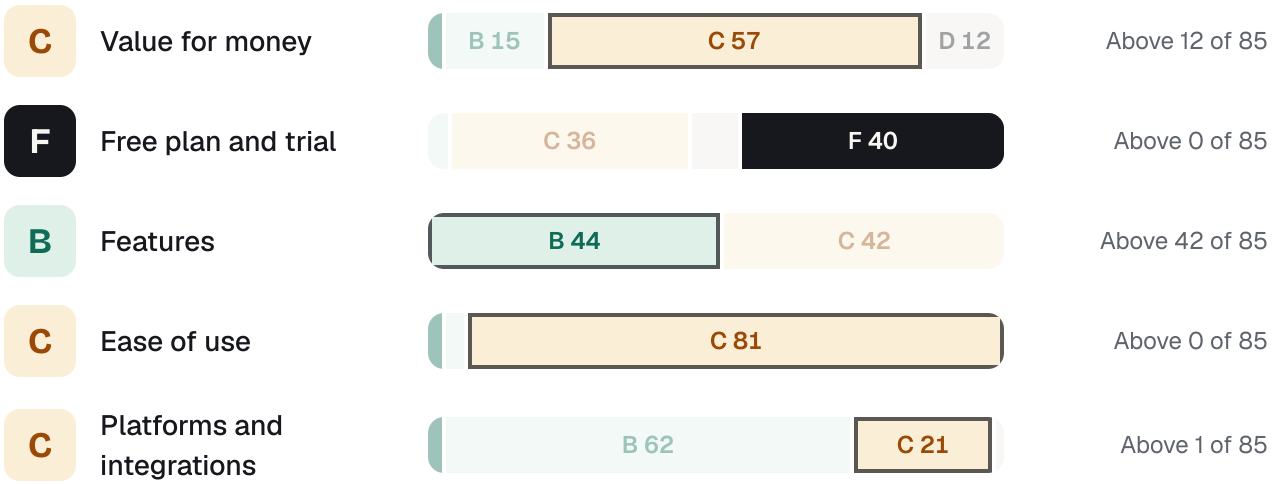
Other salon, spa and studio booking apps it is graded above

Exercise.com's GPA of 1.8 is higher than 12 of the 85 other salon, spa and studio booking apps we grade, and level with 19.

It stands best on features (B, above 42 of 85) and worst on free plan and trial (F, above 0).

Each grade against the category

Every bar is all 86 salon, spa and studio booking apps we grade, cut by the letter each got. Exercise.com's own letter is outlined.



Keep it, or make your own?

Whether this is something you could build for yourself with an AI app builder, and what you would give up.

Keep it

To replace Exercise.com you would be making texts to thousands of numbers, registered with the carriers. That is not a weekend's work, with an AI app builder or without one.

That makes this kind of software worth paying for, not this one in particular: 54 of the 85 other salon, spa and studio booking apps grade higher.

What you could make

- Class booking, appointment booking, online courses and reports: an app builder makes these well.

What you could not

- Texts to thousands of numbers, registered with the carriers.
- Newsletters sent to thousands of people that still reach the inbox.
- The depth: we grade its features B, which means it covers the whole job.

What this rests on. Exercise.com’s listing: what it does, where it runs, what it plugs into and what it costs. It is a judgement about the kind of software this is. We have not built a replacement for it, and making your own means looking after it too. How we decide, and every tool’s verdict.

The alternatives

The tools it is most often weighed against, side by side



ABC Trainerize, TrueCoach, Everfit, Mindbody and PushPress

The 5 tools Exercise.com is most often weighed against, with where each one differs from it.

2.2 GPA

ABC Trainerize

Free plan · from $9/mo

Online and in-person coaching app for personal trainers and gyms.

- ABC Trainerize has a free plan. Exercise.com does not.
- Only ABC Trainerize lists iOS and Android apps.
- Exercise.com also covers reports, email campaigns, online courses and sMS marketing.

Exercise.com and ABC Trainerize compared in full

2.2 GPA

TrueCoach

Free trial · from $26.34/mo

Workout programming and client coaching app for trainers.

- Only TrueCoach lists iOS and Android apps.
- Exercise.com also covers reports, email campaigns, online courses, appointment booking, class booking and sMS marketing.
- TrueCoach also covers templates, workflow automation, time tracking, habit tracking and dashboards.

Exercise.com and TrueCoach compared in full



2.8 GPA

Everfit

Free plan · from $16/mo

Online coaching platform for trainers, gyms and nutrition coaches.

- Everfit has a free plan. Exercise.com does not.
- Only Everfit lists iOS and Android apps.
- Exercise.com also covers reports, email campaigns, online courses, class booking and sMS marketing.

Exercise.com and Everfit compared in full



2.2 GPA

Mindbody

From $79/mo

Studio, gym, spa and salon software with a consumer booking app.

- Only Mindbody lists iOS and Android apps.
- Exercise.com also covers reports and online courses.
- Mindbody also covers marketing automation.

Exercise.com and Mindbody compared in full



2.4 GPA

PushPress

Free plan · from $159/mo

Gym management for CrossFit, martial arts and training gyms.

- PushPress has a free plan. Exercise.com does not.
- Only PushPress lists iOS and Android apps.
- Exercise.com also covers reports, email campaigns, online courses and sMS marketing.

Exercise.com and PushPress compared in full

Quick answers

The questions people ask about it, each answered in a line or two

9

Questions, each answered in a line or two

The short version of everything above, for when you only need the answer. Each one is told in full in its part of the guide.

Is Exercise.com free?

No. Exercise.com is a paid product.

What platforms does Exercise.com work on?

Exercise.com is available on Web.

Does Exercise.com have an Android app?

No Android app was listed when its pages were read on Nov 13, 2026. Exercise.com is listed for Web.

Does Exercise.com have an iPhone app?

No iPhone app was listed when its pages were read on Nov 13, 2026. Exercise.com is listed for Web.

Is Exercise.com open source?

Exercise.com is not described as open source on its own site, as read on Nov 13, 2026.

Who makes Exercise.com?

Exercise.com is made by Daxko.

What are the alternatives to Exercise.com?

The closest alternatives to Exercise.com in our directory are ABC Trainerize, TrueCoach, Everfit, Mindbody and PushPress.

How does Exercise.com compare with other salon, spa and studio booking apps?

Exercise.com's GPA of 1.8 is higher than 12 of the 85 other salon, spa and studio booking apps we grade, and level with 19.

Could I make my own version of Exercise.com?

To replace Exercise.com you would be making texts to thousands of numbers, registered with the carriers.

Where this guide comes from

The prices, plans, platforms and features were read from Exercise.com's own pages on Nov 13, 2026, and the grades were given on Nov 13, 2026. Graded from this listing, whose facts were read from Exercise.com's own pages on 13 November 2026. Not based on using the product, and shorter than our full reviews.

Every tool we list gets five grades, A to F, each with its reason, and a GPA that averages them. How each is decided is at toolgpa.com/grades. This guide is ToolGPA's own work; it is not made, paid for or approved by Daxko. Prices change, so check exercise.com before you buy.

exercise.com

exercise.com/platform/pricing/

exercise.com/about/

PART 07 · ABOUT

About ToolGPA

Who made this guide, what else is on the site, and how to cite it

7,721

Tools graded, in 95 categories

ToolGPA grades software the way a school report grades a pupil: five subjects, a letter for each with the reason written beside it, and a GPA that averages them. Prices, plans and platforms are read from each maker's own pages and dated, so you always know how fresh a figure is.

Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Every tool on the site has a guide like this one, free to download and pass on. It all lives at **toolgpa.com**.

7,721	95	739	579
tools graded	categories	price changes on record	apps priced in 12 countries

What else is on toolgpa.com

Exercise.com, kept up to date

Everything in this guide, with prices and grades as they are today

toolgpa.com/tools/exercise-com

How grades are given

The rules behind every letter and every GPA

toolgpa.com/grades

Value charts

What each tool costs against what it scores, for every category

toolgpa.com/charts

Compare

Any two tools side by side, plan by plan

toolgpa.com/compare

Price changes

Every price rise and cut on record, each with its source

toolgpa.com/price-changes

Prices by country

What apps cost on the App Store in 12 countries

toolgpa.com/prices-by-country

Pay less

Every public discount: yearly billing, students, nonprofits

toolgpa.com/save

Keep or make

Which tools are worth paying for, and which you could build yourself

toolgpa.com/keep-or-make

Scan for the live page

Prices and grades as they are today

Quoting this guide?

Please name ToolGPA and link to the live page, so readers can check the figures for themselves:

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ToolGPA, "Exercise.com: The Insider's Guide",
checked Nov 13, 2026.
https://toolgpa.com/tools/exercise-com
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Know someone choosing between salon, spa and studio booking apps?

Send them this guide: toolgpa.com/tools/exercise-com/guide

ToolGPA elsewhere: youtube.com/@toolgpa

See our other guides

The best-graded salon, spa and studio booking apps after Exercise.com, each with an Insider's Guide of its own.

Salon, Spa & Studio Booking Insider's Guide

Every one of the 86 salon, spa and studio booking apps we grade, compared

Square Appointments Insider's Guide

Booking, point of sale and payments for appointment businesses

3.2 GPA

Fresha Insider's Guide

Salon and spa booking with a consumer marketplace for new clients

3.0 GPA

Barberly Insider's Guide

Barbershop booking software with a branded mobile app

2.8 GPA

ToolGPA

Choosing software? Every tool graded, every price dated.

Compare tools at toolgpa.com ›

Everything in this guide is ToolGPA's own summary of what Exercise.com's pages, its app-store listings and public reviews said on the dates shown. Grades are our judgement under the rules at toolgpa.com/grades. Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Exercise.com is a trademark of its owner, and this guide is not made, paid for or approved by Daxko. Prices and plans change: check exercise.com before you buy.