ToolGPA

NOVEMBER 2026

HabitWave

The Insider's Guide

Android habit tracker with an AI coach and accountability circles

Every plan, grade, refund rule and rival among habit trackers, read from HabitWave's own pages.

Made by Betterday · checked Nov 13, 2026 · toolgpa.com

2.0
GPA



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Who made this guide, what else is on the site, and how to cite it

ToolGPA put this guide together from HabitWave's own pages, its app-store listings and our grades. Every fact in it is on HabitWave's page too, where it is kept up to date. Checked Nov 13, 2026.

Welcome

What it is, who it suits, its grades and the ten things to know first

2.0

GPA, above 3 of the 64 other habit trackers we grade

HabitWave is an Android habit tracker that supports building habits and breaking them, with habit stacking, templates, a calendar, widgets and a virtual garden that grows with your streaks. Its Wave Coach AI assistant looks at your habit data and suggests changes. The iOS version is listed as in development.

To get you started, here are **7 things to know about HabitWave**, taken from its own pages and our grades.

> **The site shows no prices, some features need a purchase through Google Play, and iPhone is still listed as in development.**
>
> From our report card of HabitWave

1 **Best for Android habits with an AI coach**

HabitWave is an Android habit tracker with habit stacking, a calendar, widgets and an AI coach.

2 **It runs on Android**

Android.

3 **Good and bad habits**

Track habits to build, such as reading or exercise, and habits to eliminate, such as drinking soda or smoking.

4 **Wave Coach**

An AI assistant that analyzes your progress and patterns and gives suggestions for staying consistent.

5 **Habit stacking and templates**

Chain new habits onto existing routines, or start from templates for fitness, productivity, wellness or learning.

6 **A 2.0 GPA, above 3 of 64**

That is against the other habit trackers we grade, on value, the free plan, features, ease of use and platforms.

7 **Keep it**

To replace HabitWave you would be making an AI model, which you can rent by the request but not make. That is not a weekend's work, with an AI app builder or without one.

HabitWave at a glance

PRICING Free plan	FREE PLAN No
FREE TRIAL None stated	RUNS ON Android
MADE BY Betterday	CATEGORY Habit Trackers
OUR GRADE 2.0 GPA, fair	

The report card

Best for Android habits with an AI coach

HabitWave is an Android habit tracker with habit stacking, a calendar, widgets and an AI coach. The site shows no prices, some features need a

purchase through Google Play, and iPhone is still listed as in development.

TOOLGPA REPORT CARD	HabitWave	Graded Nov 13, 2026
SUBJECT	GRADE	COMMENT
Value for money	C	No price on its site, so it can't be placed against $4.99 for the typical tracker.
Free plan and trial	C	The terms say some features need a purchase, which suggests a free base app, but the site doesn't say what's included.
Features	C	Good and bad habits, stacking, templates, accountability, a calendar and an AI coach. What sits behind the purchase isn't stated.
Ease of use	B	No store rating figure on record. It's an app you install and start using.
Platforms and integrations	D	Android only. The iOS version is listed as in development, and there's no web version.
Grade point average		Fair, out of 4.0 **2.0**

An A is worth 4 points, a B 3, a C 2, a D 1 and an F nothing. The GPA is the average of the five.

Who HabitWave is for

- ✓ Fits if you're on Android and want an AI coach on your habit data
- ✓ Works for people who like stacking one habit onto another

Who it is not for

- ✕ Skip it if you use an iPhone, as iOS is still in development
- ✕ Watch out: no prices are shown anywhere on the site
- ✕ Watch out: some features need a Google Play subscription or purchase
- ✕ Watch out: account deletion is by emailing support

Good to know

Good for

- ✓ Android users who want AI suggestions on their habit data
- ✓ Building habits with a friend or a small group

Worth knowing

- ⓘ The pages say the iOS version is in development, so for now it is Android only.
- ⓘ Its terms say some features need a subscription or one-time purchase through Google Play, but no prices are shown on the site.
- ⓘ Account deletion is requested by emailing support, according to its deletion page.

What it costs

Every plan, the free plan, ways to pay less and how prices have moved

HabitWave's current pricing could not be confirmed from its own site.

> **The terms say some features need a purchase, which suggests a free base app, but the site doesn't say what's included.**
>
> From our grade for free plan and trial

We could not confirm HabitWave's current prices from its own site, so this guide lists no plans. habitwave.app has them.

What it does

Its main features, where it runs, what it works with and who makes it

1

Place it runs: Android

Android habit tracker with an AI coach and accountability circles. Here is what it does, as its own site describes it, and what it covers: AI features, chat assistant, Pomodoro timer, habit tracking, goals.

> **Good and bad habits, stacking, templates, accountability, a calendar and an AI coach.**

From our grade for features

Good and bad habits

Track habits to build, such as reading or exercise, and habits to eliminate, such as drinking soda or smoking.

Wave Coach

An AI assistant that analyzes your progress and patterns and gives suggestions for staying consistent.

Habit stacking and templates

Chain new habits onto existing routines, or start from templates for fitness, productivity, wellness or learning.

Accountability

Accountability Circles of up to 49 users, or a Buddy System for challenging two friends directly.

Calendar, stats and garden

A calendar of streaks, achievements and analytics, plus a virtual garden that grows as you keep streaks.

Widgets, themes and timers

Home screen widgets and themes are Premium; built-in focus timers are also included.

Where it runs

Android

What it works with

Its own pages name no integrations.

HabitWave is made by Betterday.

PART 04 · STANDING

Where it stands

Its grades against its category, and whether to keep it or make your own

3/64

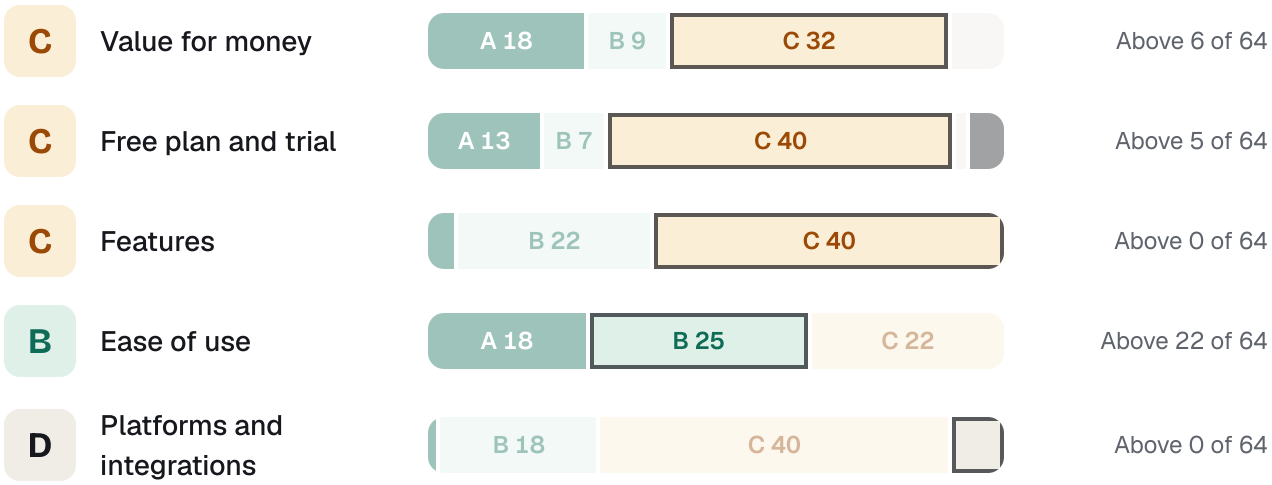
Other habit trackers it is graded above

HabitWave's GPA of 2.0 is higher than 3 of the 64 other habit trackers we grade, and level with 6.

It stands best on ease of use (B, above 22 of 64) and worst on platforms and integrations (D, above 0).

Each grade against the category

Every bar is all 65 habit trackers we grade, cut by the letter each got. HabitWave's own letter is outlined.



Keep it, or make your own?

Whether this is something you could build for yourself with an AI app builder, and what you would give up.

Keep it

To replace HabitWave you would be making an AI model, which you can rent by the request but not make. That is not a weekend's work, with an AI app builder or without one.

That makes this kind of software worth paying for, not this one in particular: 55 of the 64 other habit trackers grade higher.

What you could make

- Habit tracking, Pomodoro timer and goals: an app builder makes these well.

What you could not

- An AI model, which you can rent by the request but not make.
- A real app for Android. Something home-made would be a web page.
- People on the other end: coaches. No app builder makes those.
- Hooks into the device itself: widgets.

What this rests on. HabitWave's listing: what it does, where it runs, what it plugs into and what it costs. It is a judgement about the kind of software this is. We have not built a replacement for it, and making your own means looking after it too. How we decide, and every tool's verdict.

The alternatives

The tools it is most often weighed against, side by side



Habitify, HabitNow, Loop Habit Tracker, Finch and Streaks

The 5 tools HabitWave is most often weighed against, with where each one differs from it.

2.8 GPA

Habitify

Free plan · from $29.99/yr

Cross-platform habit tracker with health-data sync and an API.

- Habitify has a free plan. HabitWave does not.
- Only Habitify lists a web app.
- Only Habitify lists macOS and iOS apps.

HabitWave and Habitify compared in full

2.8 GPA

HabitNow

Free plan · from $0.99 one-time

Android habit tracker and to-do list with a one-time upgrade.

- HabitNow has a free plan. HabitWave does not.
- HabitNow can be bought with a one-time purchase.
- HabitWave also covers chat assistant, Pomodoro timer and goals.

HabitWave and HabitNow compared in full

L

2.8
GPA

Loop Habit Tracker

Free

Free, open-source Android habit tracker with a habit score.

- Loop Habit Tracker has a free plan. HabitWave does not.
- Loop Habit Tracker is open source, according to its own site.
- HabitWave also covers chat assistant, Pomodoro timer and goals.

HabitWave and Loop Habit Tracker compared in full



3.4
GPA

Finch

Free plan · from $5.99

Self-care app that ties daily goals to a virtual pet bird.

- Finch has a free plan. HabitWave does not.
- Only Finch lists an iOS app.
- HabitWave also covers chat assistant and Pomodoro timer.

HabitWave and Finch compared in full



2.4
GPA

Streaks

From $5.99 one-time

Habit tracker for Apple devices built around daily streaks.

- Only HabitWave lists an Android app.
- Only Streaks lists iOS and macOS apps.
- Streaks can be bought with a one-time purchase.

HabitWave and Streaks compared in full

PART 06 · QUESTIONS

Quick answers

The questions people ask about it, each answered in a line or two

9

Questions, each answered in a line or two

The short version of everything above, for when you only need the answer. Each one is told in full in its part of the guide.

Is HabitWave free?

HabitWave has a free plan.

What platforms does HabitWave work on?

HabitWave is available on Android.

Does HabitWave have an iPhone app?

No iPhone app was listed when its pages were read on Nov 13, 2026. HabitWave is listed for Android.

Does HabitWave have a Windows app?

No Windows app was listed when its pages were read on Nov 13, 2026. HabitWave is listed for Android.

Is HabitWave open source?

HabitWave is not described as open source on its own site, as read on Nov 13, 2026.

Who makes HabitWave?

HabitWave is made by Betterday.

What are the alternatives to HabitWave?

The closest alternatives to HabitWave in our directory are Habitify, HabitNow, Loop Habit Tracker, Finch and Streaks.

How does HabitWave compare with other habit trackers?

HabitWave's GPA of 2.0 is higher than 3 of the 64 other habit trackers we grade, and level with 6.

Could I make my own version of HabitWave?

To replace HabitWave you would be making an AI model, which you can rent by the request but not make.

Where this guide comes from

The prices, plans, platforms and features were read from HabitWave's own pages on Nov 13, 2026, and the grades were given on Nov 13, 2026. Graded from this listing, whose facts were read from HabitWave's own pages on 13 November 2026. Not based on using the product, and shorter than our full reviews.

Every tool we list gets five grades, A to F, each with its reason, and a GPA that averages them. How each is decided is at toolgpa.com/grades. This guide is ToolGPA's own work; it is not made, paid for or approved by Betterday. Prices change, so check habitwave.app before you buy.

habitwave.app/ play.google.com/store/apps/details?id=com.habit...

PART 07 · ABOUT

About ToolGPA

Who made this guide, what else is on the site, and how to cite it

7,721

Tools graded, in 95 categories

ToolGPA grades software the way a school report grades a pupil: five subjects, a letter for each with the reason written beside it, and a GPA that averages them. Prices, plans and platforms are read from each maker's own pages and dated, so you always know how fresh a figure is.

Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Every tool on the site has a guide like this one, free to download and pass on. It all lives at **toolgpa.com**.

7,721	95	739	579
tools graded	categories	price changes on record	apps priced in 12 countries

What else is on toolgpa.com

HabitWave, kept up to date

Everything in this guide, with prices and grades as they are today

toolgpa.com/tools/habitwave

How grades are given

The rules behind every letter and every GPA

toolgpa.com/grades

Value charts

What each tool costs against what it scores, for every category

toolgpa.com/charts

Compare

Any two tools side by side, plan by plan

toolgpa.com/compare

Price changes

Every price rise and cut on record, each with its source

toolgpa.com/price-changes

Prices by country

What apps cost on the App Store in 12 countries

toolgpa.com/prices-by-country

Pay less

Every public discount: yearly billing, students, nonprofits

toolgpa.com/save

Keep or make

Which tools are worth paying for, and which you could build yourself

toolgpa.com/keep-or-make

Scan for the live page

Prices and grades as they are today

Quoting this guide?

Please name ToolGPA and link to the live page, so readers can check the figures for themselves:

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ToolGPA, "HabitWave: The Insider's Guide",
checked Nov 13, 2026.
https://toolgpa.com/tools/habitwave
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Know someone choosing between habit trackers?

Send them this guide:
toolgpa.com/tools/habitwave/guide

ToolGPA elsewhere: youtube.com/@toolgpa

See our other guides

The best-graded habit trackers after HabitWave, each with an Insider's Guide of its own.

Habit Trackers Insider's Guide

Every one of the 65 habit trackers we grade, compared



Finch Insider's Guide

Self-care app that ties daily goals to a virtual pet bird

3.4 GPA



Habitica Insider's Guide

Habit and task tracker that works like a role-playing game

3.4 GPA



Habit Star Insider's Guide

Habit and routine app for iPhone, iPad and Apple Watch

3.2 GPA

ToolGPA

Choosing software? Every tool graded, every price dated.

Compare tools at toolgpa.com ›

Everything in this guide is ToolGPA's own summary of what HabitWave's pages, its app-store listings and public reviews said on the dates shown. Grades are our judgement under the rules at toolgpa.com/grades. Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. HabitWave is a trademark of its owner, and this guide is not made, paid for or approved by Betterday. Prices and plans change: check habitwave.app before you buy.