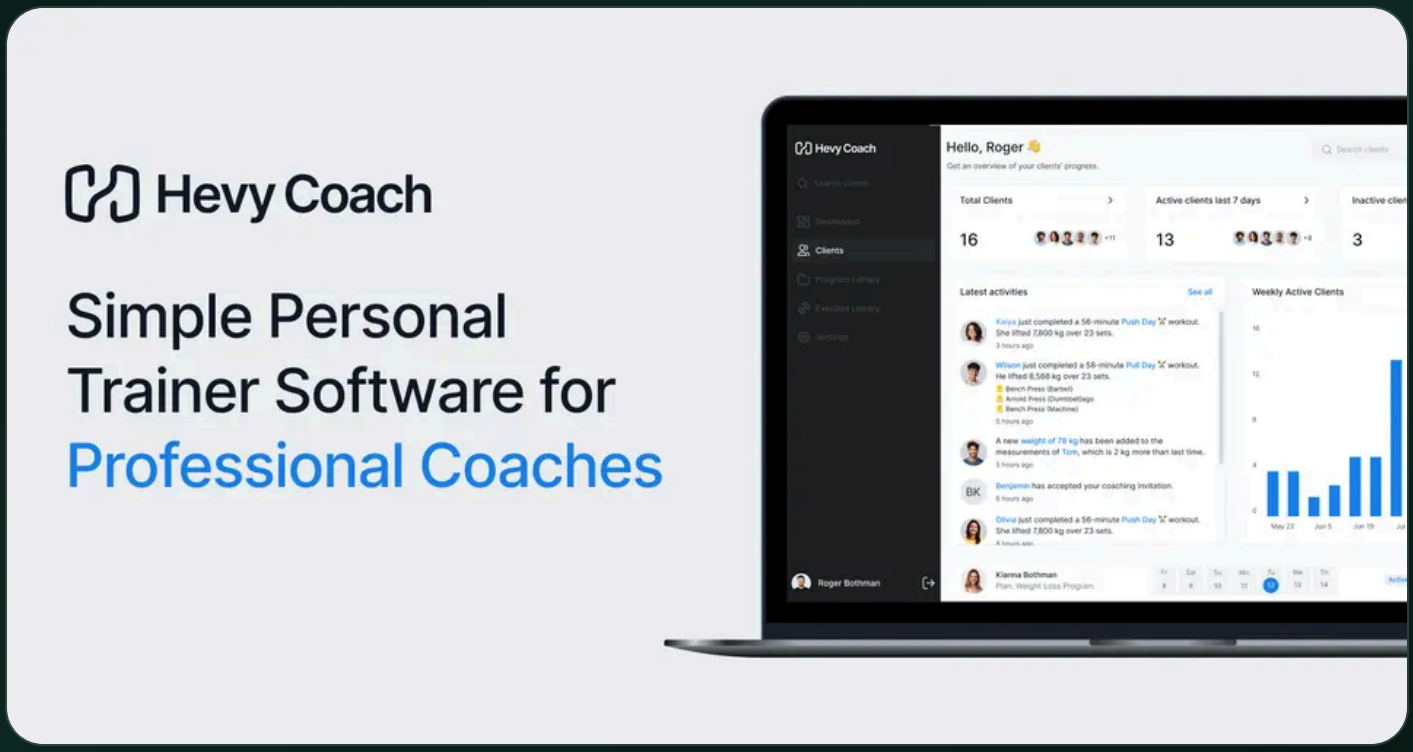
ToolGPA

NOVEMBER 2026

Hevy Coach

The Insider's Guide

Workout programming platform where clients train in the Hevy app



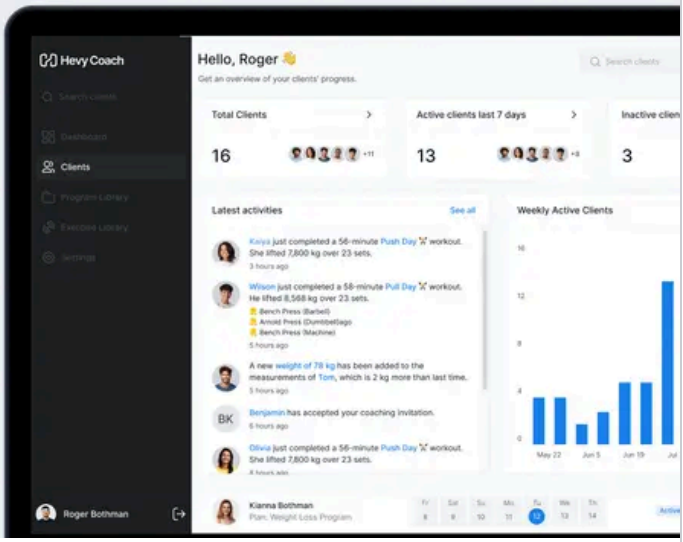
Every plan, grade, refund rule and rival among salon, spa and studio booking apps, read from Hevy Coach's own pages.

Made by Hevy · checked Nov 13, 2026 · toolgpa.com

2.2
GPA

Hevy Coach

Simple Personal Trainer Software for Professional Coaches



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Who made this guide, what else is on the site, and how to cite it

ToolGPA put this guide together from Hevy Coach's own pages, its app-store listings and our grades. Every fact in it is on Hevy Coach's page too, where it is kept up to date. Checked Nov 13, 2026.

Welcome

What it is, who it suits, its grades and the ten things to know first

2.2

GPA, above 48 of the 85 other salon, spa and studio booking apps we grade

Hevy Coach is coaching software from the makers of the Hevy workout tracker. Coaches build programs, assign them to clients and follow workouts, measurements and adherence from a web dashboard. Clients log their training in the Hevy app, and the price depends only on how many clients you coach.

To get you started, here are **9 things to know about Hevy Coach**, taken from its own pages and our grades.

> **It does programming and tracking only, with no booking or scheduling, and the price steps up every ten to fifty clients.**
>
> From our report card of Hevy Coach

1 **Best for coaches whose clients already use Hevy**

Hevy Coach lets a coach build programs and watch progress while clients log workouts in the Hevy app.

2 **Paid plans start at $25 a month**

As its pricing page puts it: $25 per month for 1 to 10 clients.

3 **You can try it first**

30-day free trial on all plans, no credit card required

4 **It runs on Web**

Web.

5 **Workout and plan builder**

Build workouts with training details and notes, then create plans and assign them to many clients at once.

6 **Progress tracking**

Monitor each client's exercise performance, adherence and body measurements from a dashboard.

7 **Client app**

Clients are coached through the Hevy app, and Hevy Pro is free for every client you coach.

8 **A 2.2 GPA, above 48 of 85**

That is against the other salon, spa and studio booking apps we grade, on value, the free plan, features, ease of use and platforms.

9 **Keep it**

The plain part of Hevy Coach you could make: templates, habit tracking and reports. What surrounds it you could not. The 3 things listed below take a company, not a weekend.

Hevy Coach at a glance

PRICING
Free trial, from $25 per month for 1 to 10 clients

FREE PLAN
No

FREE TRIAL
30-day free trial on all plans, no credit card required

RUNS ON
Web

MADE BY
Hevy

CATEGORY
Salon, Spa & Studio Booking

OUR GRADE
2.2 GPA, fair

The report card

Best for coaches whose clients already use Hevy

Hevy Coach lets a coach build programs and watch progress while clients log workouts in the Hevy app. It does programming and tracking only, with no booking or scheduling, and the price steps up every ten to fifty clients.

TOOLGPA REPORT CARD — **Hevy Coach** — Graded Nov 13, 2026

SUBJECT	GRADE	COMMENT
Value for money	B	$25 a month for 1 to 10 clients, at the category's cheaper-quarter line. It reaches $250 for 101 to 200 clients.
Free plan and trial	C	A 30-day free trial on all plans with no card needed. There is no free plan.
Features	C	Program builder, progress tracking, 400+ exercises, chat and coaching teams. The pages list no booking, payments or scheduling, and the library is smaller than some rivals.
Ease of use	C	No store rating on record, and programs need building while clients must use the Hevy app.
Platforms and integrations	C	Only a web dashboard is listed, with no integrations named on the pages read.

Grade point average — Fair, out of 4.0 **2.2**

An A is worth 4 points, a B 3, a C 2, a D 1 and an F nothing. The GPA is the average of the five.

Who Hevy Coach is for

- ✓ Fits if your clients already log workouts in Hevy
- ✓ Works for coaches who only need programs and progress tracking

Who it is not for

- ✕ Not for you if you need booking or class scheduling, as none is listed
- ✕ Watch out: billing is monthly and renews each month, handled through Paddle
- ✕ Tight if your list is growing, as $25 covers 10 clients and the next tier is $50
- ✕ Skip it if you want a library beyond 400+ exercises
- ✕ Watch out: the platforms for the coach and client apps are not named on the pages read

Good to know

Good for

- ✓ Strength coaches whose clients already log workouts in Hevy
- ✓ Coaches who want pricing by client count with every feature included
- ✓ Teams that want a shared exercise and program library

Worth knowing

- ⓘ It focuses on programming and tracking; the pages read do not list booking or class scheduling.
- ⓘ The platforms for the coach app and client app are not named on the pages read, so only the web dashboard is listed.
- ⓘ Billing is monthly and renews automatically each month, with payments handled by Paddle.
- ⓘ The built-in library is 400+ exercises, smaller than some rivals.

What it costs

Every plan, the free plan, ways to pay less and how prices have moved

$25
A month to start

Hevy Coach is a paid product with a free trial, starting at $25 per month for 1 to 10 clients.

1-10 CLIENTS

$25

per month for 1 to 10 clients, billed monthly

Unlimited programs, built-in exercise library, custom exercises and workout tracking; clients get Hevy Pro free.

11-25 CLIENTS

$50

per month for 11 to 25 clients, billed monthly

Same features as every tier; the price follows the client count.

26-50 CLIENTS

$90

per month for 26 to 50 clients, billed monthly

Same features as every tier; the price follows the client count.

51-100 CLIENTS

$160

per month for 51 to 100 clients, billed monthly

Same features as every tier; the price follows the client count.

101-200 CLIENTS

$250

per month for 101 to 200 clients, billed monthly

Same features as every tier. Larger tiers run to $700 a month for 501 to 1,000 clients.

Trying it first

30-day free trial on all plans, no credit card required

Read from hevycoach.com on Nov 13, 2026.

What it does

Its main features, where it runs, what it works with and who makes it

1

Place it runs: Web

Workout programming platform where clients train in the Hevy app. Here is what it does, as its own site describes it, and what it covers: templates, habit tracking, reports, dashboards.

> **The pages list no booking, payments or scheduling, and the library is smaller than some rivals.**
>
> From our grade for features

Workout and plan builder

Build workouts with training details and notes, then create plans and assign them to many clients at once.

Progress tracking

Monitor each client's exercise performance, adherence and body measurements from a dashboard.

Client app

Clients are coached through the Hevy app, and Hevy Pro is free for every client you coach.

Exercise library

A built-in library of 400+ exercises with videos, plus unlimited custom exercises.

Client chat

Chats are stored in one place with instant notifications.

Coaching teams

Build a team of coaches that shares one library, and invite new clients with a customizable contact form.

Where it runs

Web

What it works with

Its own pages name no integrations.

Hevy Coach is made by Hevy.

Where it stands

Its grades against its category, and whether to keep it or make your own

48/85

Other salon, spa and studio booking apps it is graded above

Hevy Coach's GPA of 2.2 is higher than 48 of the 85 other salon, spa and studio booking apps we grade, and level with 9.

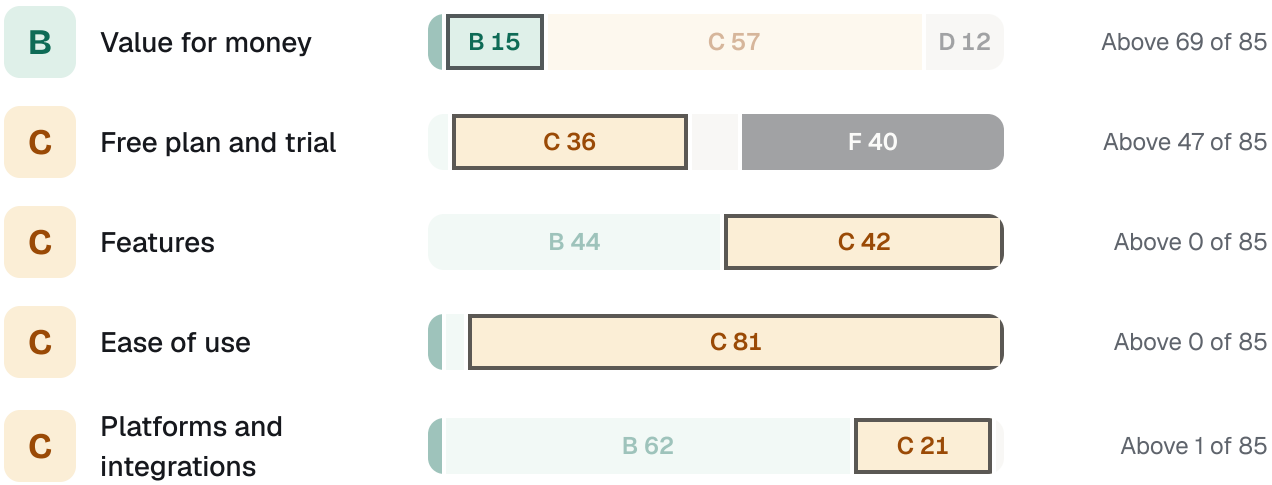
It stands best on value for money (B, above 69 of 85) and worst on features (C, above 0).

Its paid plans start at $25 a month, against a middle price of $49 for the category: 12 of the 57 others that charge start lower.

On features, ease of use and platforms it scores 2.0 out of 4. 10 tools score higher and cost less.

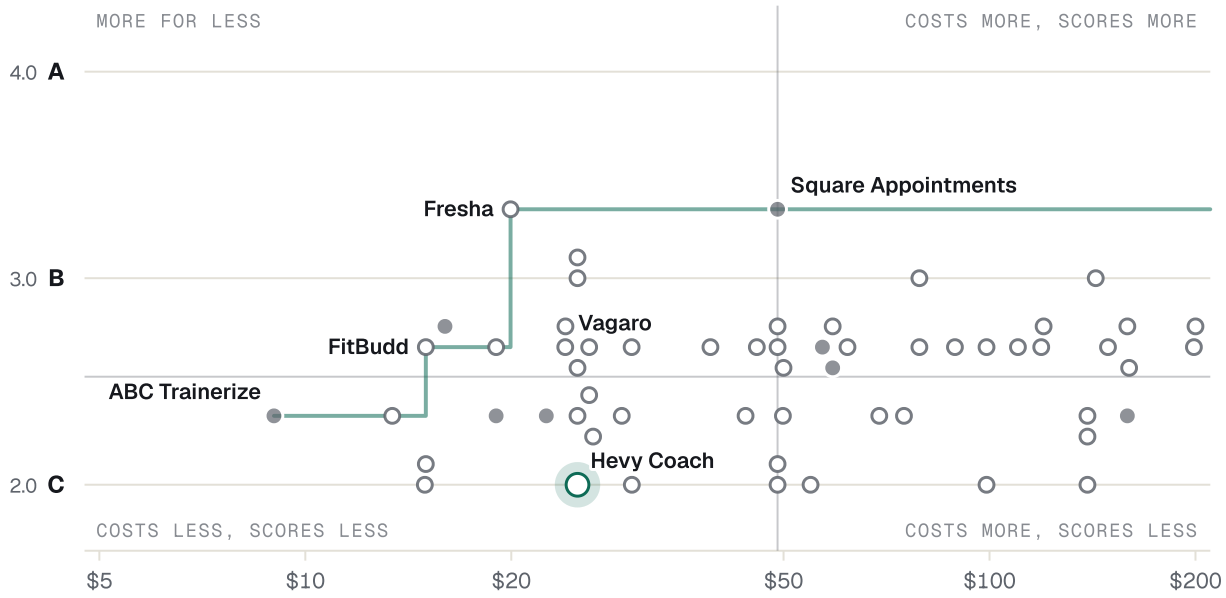
Each grade against the category

Every bar is all 86 salon, spa and studio booking apps we grade, cut by the letter each got. Hevy Coach's own letter is outlined.



Price against what you get

Each dot is one of 58 salon, spa and studio booking apps. Further left costs less; higher up scores better on features, ease of use and platforms. Hevy Coach is the marked dot.



What paid plans start at, a month (each step along is roughly double)

Keep it, or make your own?

Whether this is something you could build for yourself with an AI app builder, and what you would give up.

Keep it

The plain part of Hevy Coach you could make: templates, habit tracking and reports. What surrounds it you could not. The 3 things listed below take a company, not a weekend.

It costs $300 a year.

What you could make

- Templates, habit tracking and reports: an app builder makes these well.

What you could not

- Connections that pull numbers from dozens of other services.

- People on the other end: coaches. No app builder makes those.
- Sharing with other people, which means accounts and invitations.

What this rests on. Hevy Coach's listing: what it does, where it runs, what it plugs into and what it costs. It is a judgement about the kind of software this is. We have not built a replacement for it, and making your own means looking after it too. How we decide, and every tool's verdict.

The alternatives

The tools it is most often weighed against, side by side



TrueCoach, Everfit, Trainero, My PT Hub and FitBudd

The 5 tools Hevy Coach is most often weighed against, with where each one differs from it.

2.2 GPA

TrueCoach

Free trial · from $26.34/mo

Workout programming and client coaching app for trainers.

- Only TrueCoach lists iOS and Android apps.
- Hevy Coach also covers reports.
- TrueCoach also covers workflow automation and time tracking.

Hevy Coach and TrueCoach compared in full

2.8 GPA

Everfit

Free plan · from $16/mo

Online coaching platform for trainers, gyms and nutrition coaches.

- Everfit has a free plan. Hevy Coach does not, though it has a free trial.
- Only Everfit lists iOS and Android apps.
- Hevy Coach also covers reports and dashboards.

Hevy Coach and Everfit compared in full



2.0
GPA

Trainero

Free trial · from $30/mo

Coaching platform for trainers, online coaches and gyms.

- Hevy Coach also covers reports and dashboards.
- Trainero also covers workflow automation, online courses and online store.

Hevy Coach and Trainero compared in full



2.4
GPA

My PT Hub

Free plan · from $22.50/mo

Client coaching and business software for personal trainers.

- My PT Hub has a free plan. Hevy Coach does not, though it has a free trial.
- Only My PT Hub lists iOS and Android apps.
- Hevy Coach also covers reports and dashboards.

Hevy Coach and My PT Hub compared in full



2.6
GPA

FitBudd

Free trial · from $15/mo

Branded fitness app and coaching software for trainers and gyms.

- Only FitBudd lists iOS and Android apps.
- Hevy Coach also covers templates, reports and dashboards.
- FitBudd also covers workflow automation, video calls, community, appointment booking and class booking.

Hevy Coach and FitBudd compared in full

PART 06 · QUESTIONS

Quick answers

The questions people ask about it, each answered in a line or two

11

Questions, each answered in a line or two

The short version of everything above, for when you only need the answer. Each one is told in full in its part of the guide.

Is Hevy Coach free?

No, Hevy Coach is a paid product, but you can try it first. 30-day free trial on all plans, no credit card required.

How much does Hevy Coach cost?

Hevy Coach lists 5 plans. 1-10 clients: $25 per month for 1 to 10 clients, billed monthly.

What platforms does Hevy Coach work on?

Hevy Coach is available on Web.

Does Hevy Coach have an Android app?

No Android app was listed when its pages were read on Nov 13, 2026. Hevy Coach is listed for Web.

Does Hevy Coach have an iPhone app?

No iPhone app was listed when its pages were read on Nov 13, 2026. Hevy Coach is listed for Web.

Is Hevy Coach open source?

Hevy Coach is not described as open source on its own site, as read on Nov 13, 2026.

Who makes Hevy Coach?

Hevy Coach is made by Hevy.

What are the alternatives to Hevy Coach?

The closest alternatives to Hevy Coach in our directory are TrueCoach, Everfit, Trainero, My PT Hub and FitBudd.

How does Hevy Coach compare with other salon, spa and studio booking apps?

Hevy Coach's GPA of 2.2 is higher than 48 of the 85 other salon, spa and studio booking apps we grade, and level with 9.

Is Hevy Coach good value for money?

ToolGPA grades Hevy Coach B for value for money. Its paid plans start at $25 a month, against a middle price of $49 for the category: 12 of the 57 others that charge start lower.

Could I make my own version of Hevy Coach?

The plain part of Hevy Coach you could make: templates, habit tracking and reports.

Where this guide comes from

The prices, plans, platforms and features were read from Hevy Coach's own pages on Nov 13, 2026, and the grades were given on Nov 13, 2026. Graded from this listing, whose facts were read from Hevy Coach's own pages on 13 November 2026. Not based on using the product, and shorter than our full reviews.

Every tool we list gets five grades, A to F, each with its reason, and a GPA that averages them. How each is decided is at toolgpa.com/grades. This guide is ToolGPA's own work; it is not made, paid for or approved by Hevy. Prices change, so check hevycoach.com before you buy.

hevycoach.com/pricing
hevycoach.com/about-us
hevycoach.com/

PART 07 · ABOUT

About ToolGPA

Who made this guide, what else is on the site, and how to cite it

7,721

Tools graded, in 95 categories

ToolGPA grades software the way a school report grades a pupil: five subjects, a letter for each with the reason written beside it, and a GPA that averages them. Prices, plans and platforms are read from each maker's own pages and dated, so you always know how fresh a figure is.

Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Every tool on the site has a guide like this one, free to download and pass on. It all lives at **toolgpa.com**.

7,721	95	739	579
tools graded	categories	price changes on record	apps priced in 12 countries

What else is on toolgpa.com

Hevy Coach, kept up to date

Everything in this guide, with prices and grades as they are today

toolgpa.com/tools/hevy-coach

How grades are given

The rules behind every letter and every GPA

toolgpa.com/grades

Value charts

What each tool costs against what it scores, for every category

toolgpa.com/charts

Compare

Any two tools side by side, plan by plan

toolgpa.com/compare

Price changes

Every price rise and cut on record, each with its source

toolgpa.com/price-changes

Prices by country

What apps cost on the App Store in 12 countries

toolgpa.com/prices-by-country

Pay less

Every public discount: yearly billing, students, nonprofits

toolgpa.com/save

Keep or make

Which tools are worth paying for, and which you could build yourself

toolgpa.com/keep-or-make

Scan for the live page

Prices and grades as they are today

Quoting this guide?

Please name ToolGPA and link to the live page, so readers can check the figures for themselves:

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ToolGPA, "Hevy Coach: The Insider's Guide",
checked Nov 13, 2026.
https://toolgpa.com/tools/hevy-coach
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Know someone choosing between salon, spa and studio booking apps?

Send them this guide:
toolgpa.com/tools/hevy-coach/guide

ToolGPA elsewhere: youtube.com/@toolgpa

See our other guides

The best-graded salon, spa and studio booking apps after Hevy Coach, each with an Insider's Guide of its own.

Salon, Spa & Studio Booking Insider's Guide

Every one of the 86 salon, spa and studio booking apps we grade, compared

Square Appointments Insider's Guide

Booking, point of sale and payments for appointment businesses

3.2 GPA

Fresha Insider's Guide

Salon and spa booking with a consumer marketplace for new clients

3.0 GPA

Barberly Insider's Guide

Barbershop booking software with a branded mobile app

2.8 GPA

ToolGPA

Choosing software? Every tool graded, every price dated.

Compare tools at toolgpa.com ›

Everything in this guide is ToolGPA's own summary of what Hevy Coach's pages, its app-store listings and public reviews said on the dates shown. Grades are our judgement under the rules at toolgpa.com/grades. Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Hevy Coach is a trademark of its owner, and this guide is not made, paid for or approved by Hevy. Prices and plans change: check hevycoach.com before you buy.