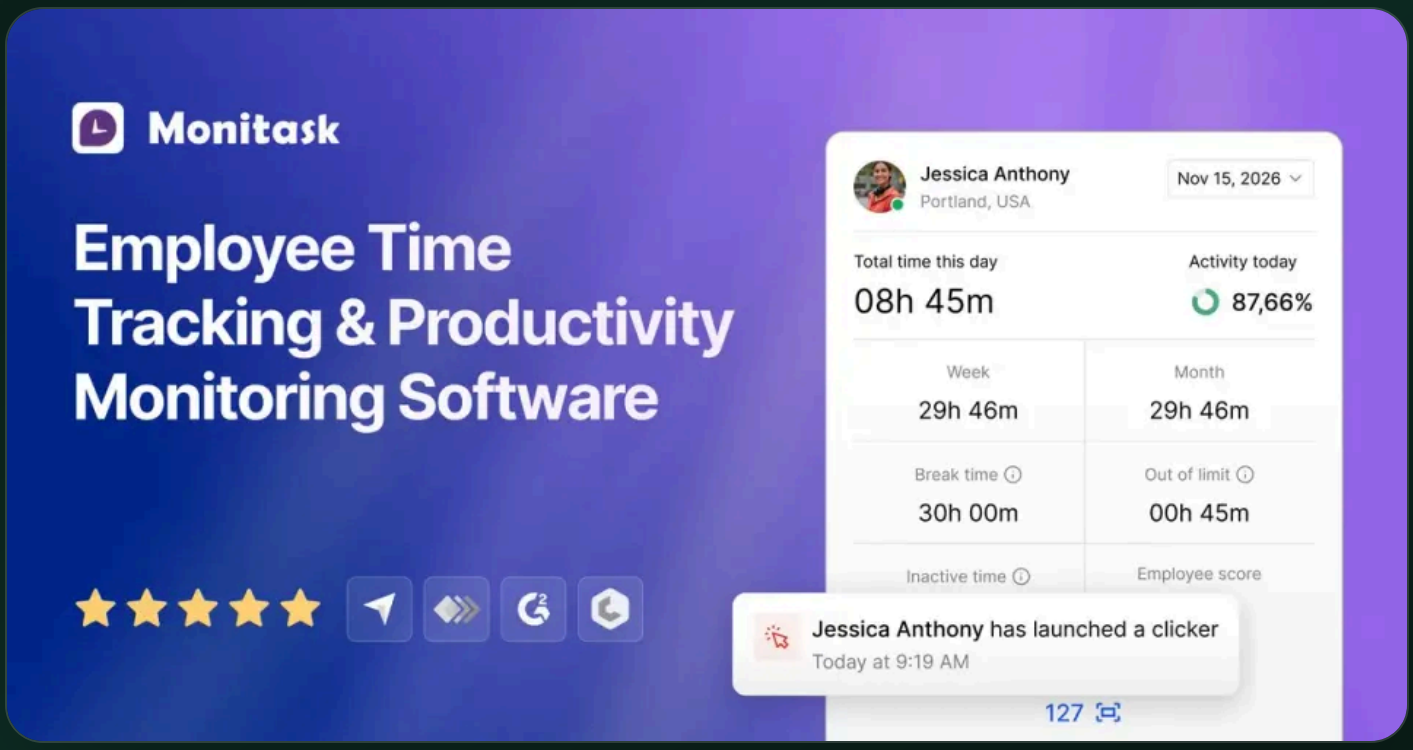
ToolGPA

NOVEMBER 2026

Monitask

The Insider's Guide

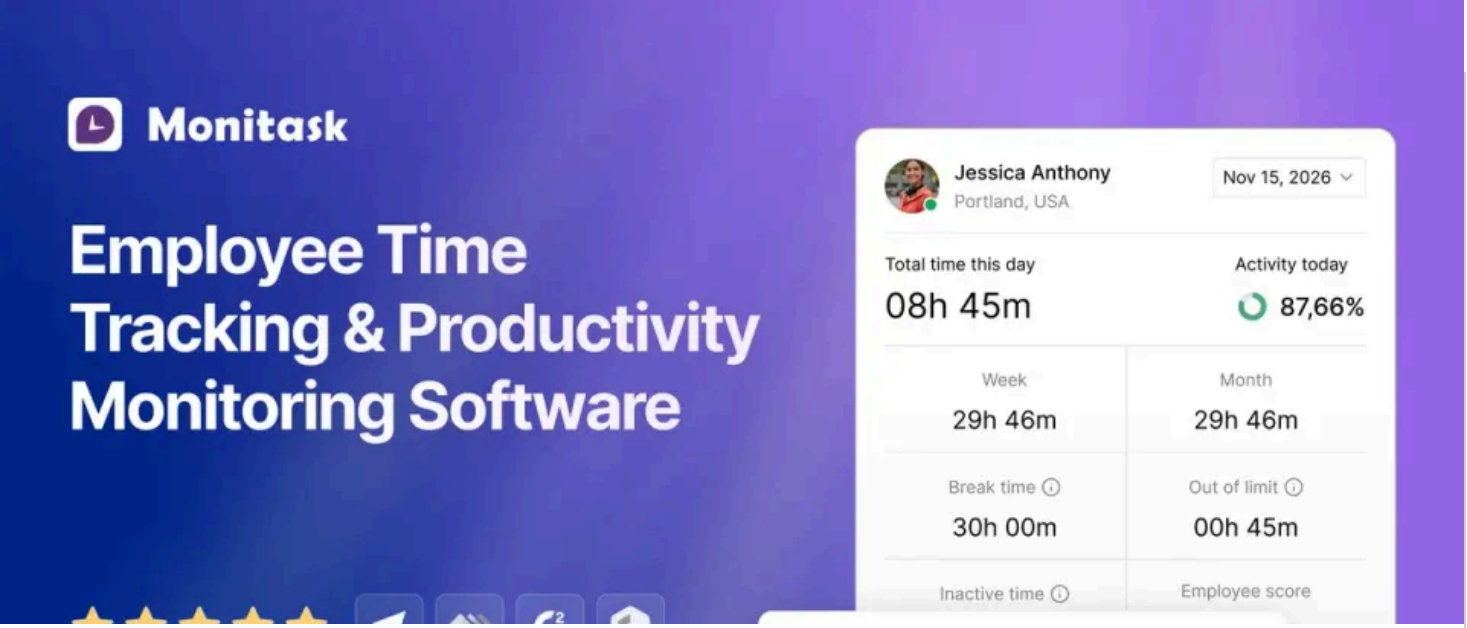
Time tracking with screenshots and activity logs for remote teams



Every plan, grade, refund rule and rival among time tracking apps, read from Monitask's own pages.

Made by Monitask · checked Nov 12, 2026 · toolgpa.com

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Who made this guide, what else is on the site, and how to cite it

ToolGPA put this guide together from Monitask's own pages, its app-store listings and our grades. Every fact in it is on Monitask's page too, where it is kept up to date. Checked Nov 12, 2026.

Welcome

What it is, who it suits, its grades and the ten things to know first

2.2

GPA, above 23 of the 98 other time tracking apps we grade

Monitask is a time tracker for remote teams that records hours, captures screenshots and logs the apps and websites staff use. It runs in a visible or a stealth mode, and offers timesheets, reports and project and task management. Plans are priced per user with a 10-day trial.

> "
>
> **Agents and team rules need setting up first.**
>
> From our grade for ease of use

To get you started, here are **9 things to know about Monitask**, taken from its own pages and our grades.

1 **Best for screenshots and activity monitoring for remote teams**

Monitask tracks time with screenshots and activity checks on every major platform.

2 **Paid plans start at $6.49 a month for each person**

As its pricing page puts it: $6.49 per user / month, billed annually ($7.99 billed monthly).

3 **You can try it first**

10-day free trial

4 **It runs on 6 platforms**

Web, macOS, Windows, Linux, iOS and Android.

5 **Time tracking and timesheets**

Records hours automatically and builds timesheets, with a clock-in and clock-out board and attendance reports.

6 **Screenshots**

Captures screenshots of work screens, with support for several monitors; frequency is set per license from 30 to 120 an hour.

7 **Activity monitoring**

Measures activity from keyboard and mouse use, plus idle time, and reports the apps and websites used.

8 **A 2.2 GPA, above 23 of 98**

That is against the other time tracking apps we grade, on value, the free plan, features, ease of use and platforms.

9 **Keep it**

The plain part of Monitask you could make: time tracking and reports. What surrounds it you could not. The 4 things listed below take a company, not a weekend.

Monitask at a glance

PRICING
Free trial, from $6.49 per user / month, billed annually ($7.99 billed monthly)

FREE PLAN
No

FREE TRIAL
10-day free trial

RUNS ON
Web, macOS, Windows, Linux, iOS, Android

MADE BY
Monitask

CATEGORY
Time Tracking

OUR GRADE
2.2 GPA, fair

The report card

Best for screenshots and activity monitoring for remote teams

Monitask tracks time with screenshots and activity checks on every major platform. Pro keeps data for only a month and allows one integration, and the trial is 10 days.

TOOLGPA REPORT CARD	Monitask	Graded Nov 12, 2026
SUBJECT	GRADE	COMMENT
Value for money	C	$6.49 per user a month billed yearly ($7.99 monthly), around the middle of time tracking at $6.67.
Free plan and trial	D	10-day trial with no card detail on record, and no free plan.
Features	C	Timesheets, screenshots, activity and stealth mode, but Pro keeps data for 1 month and allows one integration.
Ease of use	C	No store rating on record. Agents and team rules need setting up first.
Platforms and integrations	A	Web, Windows, Mac, Linux, iPhone and Android, with an API and 2 integrations on record.
Grade point average		Fair, out of 4.0 **2.2**

An A is worth 4 points, a B 3, a C 2, a D 1 and an F nothing. The GPA is the average of the five.

Who Monitask is for

- ✓ Fits if you manage remote staff and want screenshots with their hours
- ✓ Works for teams on mixed Windows, Mac and Linux machines

Who it is not for

- ✗ Tight if you stay on Pro, with 1 month of data storage and one integration
- ✗ Skip it if you need website and app tracking, as that starts on Business at $8.99
- ✗ Pricey if you need more than 30 screenshots an hour, a paid add-on from $2.40 a licence
- ✗ Watch out: Enterprise is for 50 or more employees, and the trial is only 10 days

Good to know

Good for

- ✓ Remote teams and agencies that want proof-of-work screenshots
- ✓ Freelancers who show clients what they worked on
- ✓ Companies that want per-user pricing with a short trial

Worth knowing

- ⓘ Data storage is short: 1 month on Pro and 2 months on Business and Premium.
- ⓘ The Pro plan allows only one integration.
- ⓘ Screenshot frequency above 30 an hour is a paid add-on, from $2.40 per license a month on annual billing.
- ⓘ Enterprise is for organizations with 50 or more employees.

PART 02 · PRICING

What it costs

Every plan, the free plan, ways to pay less and how prices have moved

$6.49

A month to start, for each person

Monitask is a paid product with a free trial, starting at $6.49 per user / month, billed annually ($7.99 billed monthly).

PRO

$6.49

per user / month, billed annually ($7.99 billed monthly)

Stealth mode, timesheets, screenshots, basic projects, email reports, 1 integration and 1 month of data storage.

BUSINESS

$8.99

per user / month, billed annually ($10.99 billed monthly)

Adds website and app monitoring, unlimited integrations, team management, scorecards and 2 months of storage.

BUSINESS PREMIUM

$12.99

per user / month, billed annually ($15.99 billed monthly)

Adds full URL and page tracking, search query and document tracking and location tracking.

ENTERPRISE

$15.99

per user / month, billed annually ($19.99 billed monthly)

Sold through sales for 50+ employees: audit logs, higher API limits, VIP support and custom storage.

Trying it first

10-day free trial

Read from monitask.com on Nov 12, 2026.

Ways to pay less

ANNUAL DISCOUNT

Save 18% with annual billing

Monitask's pricing page states that paying yearly saves 18% compared with the monthly rates.

Stated on monitask.com

What it does

Its main features, where it runs, what it works with and who makes it

6

Places it runs: Web, macOS, Windows, Linux, iOS and Android

Time tracking with screenshots and activity logs for remote teams. Here is what it does, as its own site describes it, and what it covers: public API, time tracking, reports, time clock.

Time tracking and timesheets

Records hours automatically and builds timesheets, with a clock-in and clock-out board and attendance reports.

Screenshots

Captures screenshots of work screens, with support for several monitors; frequency is set per license from 30 to 120 an hour.

Activity monitoring

Measures activity from keyboard and mouse use, plus idle time, and reports the apps and websites used.

Visible or stealth mode

The desktop app can run visibly or in a stealth mode; the pricing page lists stealth mode on the entry plan.

Project, task and team management

Projects on every plan, with task and team management and client logins on Business and above.

Mouse jiggler detection

Detects mouse jigglers so that tracked time reflects real activity.

Where it runs

Web · macOS · Windows · Linux · iOS · Android

What it works with

Zapier · PayPal

Monitask is made by Monitask.

Where it stands

Its grades against its category, and whether to keep it or make your own

23/98

Other time tracking apps it is graded above

Monitask's GPA of 2.2 is higher than 23 of the 98 other time tracking apps we grade, and level with 17.

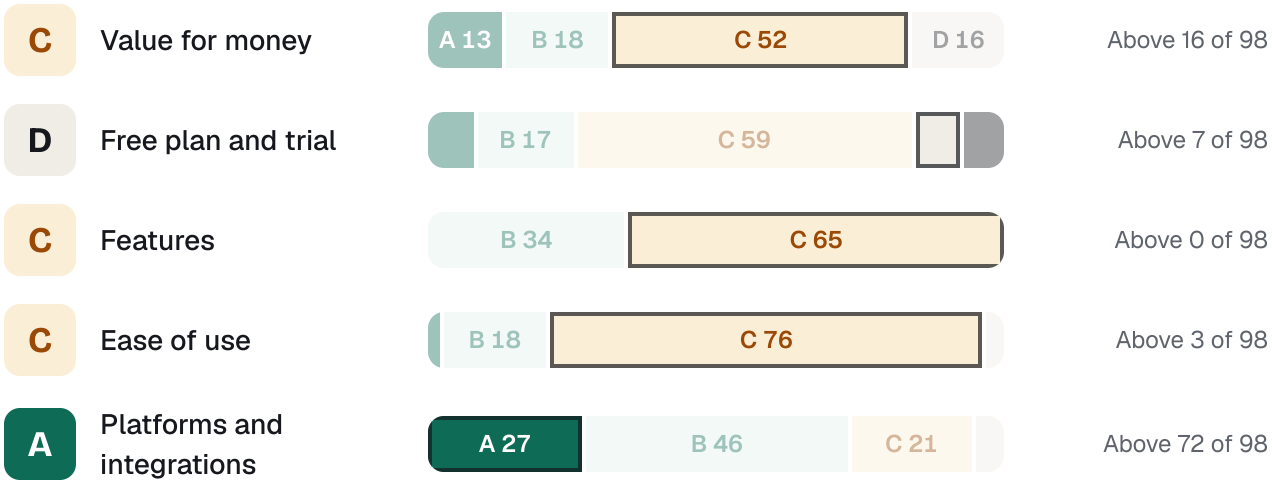
It stands best on platforms and integrations (A, above 72 of 98) and worst on free plan and trial (D, above 7).

Its paid plans start at $6.49 a month for each person, against a middle price of $6.99 for the category: 36 of the 80 others that charge start lower.

On features, ease of use and platforms it scores 2.7 out of 4. 12 tools score higher and cost less.

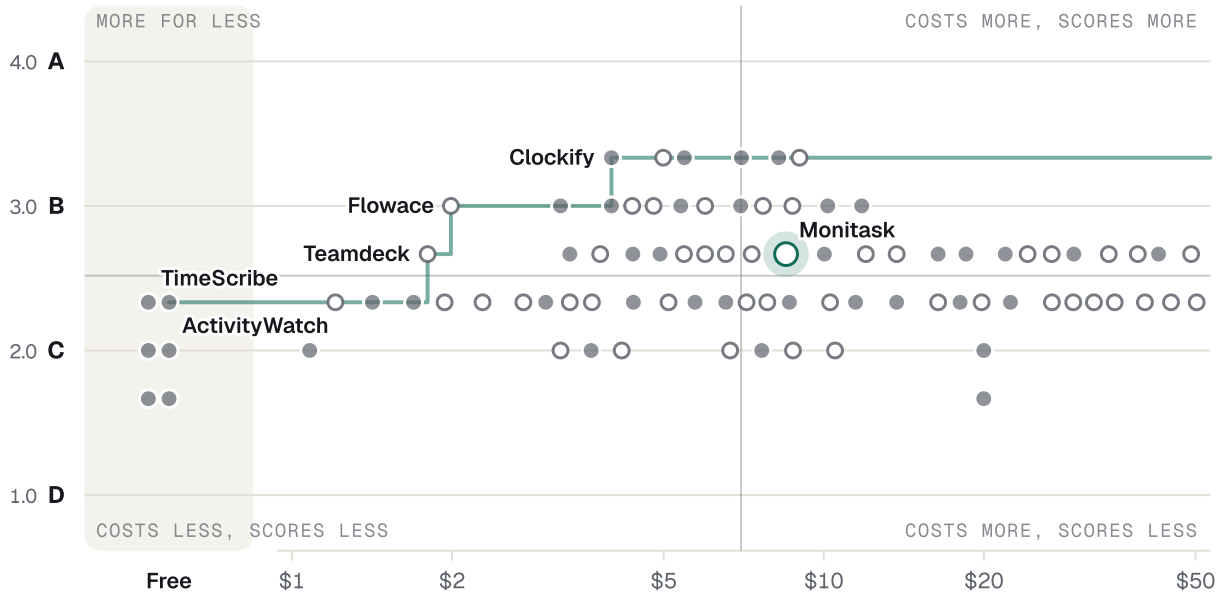
Each grade against the category

Every bar is all 99 time tracking apps we grade, cut by the letter each got. Monitask's own letter is outlined.



Price against what you get

Each dot is one of 87 time tracking apps. Further left costs less; higher up scores better on features, ease of use and platforms. Monitask is the marked dot.



What paid plans start at, a month (each step along is roughly double)

Keep it, or make your own?

Whether this is something you could build for yourself with an AI app builder, and what you would give up.

Keep it

The plain part of Monitask you could make: time tracking and reports. What surrounds it you could not. The 4 things listed below take a company, not a weekend.

That makes this kind of software worth paying for, not this one in particular: 58 of the 98 other time tracking apps grade higher. It costs $77.88 a year.

What you could make

- Time tracking and reports: an app builder makes these well.

What you could not

- Clocking in from a phone, checked against where and when.

- Apps for macOS, Windows, Linux, iOS and Android that stay in step with each other.
- It is priced for each person, which means accounts and billing for a team.
- It plugs into other products, Zapier and PayPal among them, and has an API.

What this rests on. Monitask's listing: what it does, where it runs, what it plugs into and what it costs. It is a judgement about the kind of software this is. We have not built a replacement for it, and making your own means looking after it too. How we decide, and every tool's verdict.

The alternatives

The tools it is most often weighed against, side by side



Hubstaff, Time Doctor, Apploye, Insightful and Traqq

The 5 tools Monitask is most often weighed against, with where each one differs from it.

2.6 GPA

Hubstaff

Free trial · from $4.99/mo

Time tracking with screenshots, activity levels and payroll.

- Only Hubstaff lists a browser extension.
- Monitask also covers time clock.
- Hubstaff also covers tasks and invoicing.

Monitask and Hubstaff compared in full

2.4 GPA

Time Doctor

Free trial · from $6.67/mo

Employee time tracking and workforce analytics for remote teams.

- Only Time Doctor lists a browser extension.
- Monitask also covers time clock.

Monitask and Time Doctor compared in full

2.6
GPA

Apploye

Free plan · from $4.50/mo

Time tracking and employee monitoring with a free 10-user plan.

- Apploye has a free plan. Monitask does not, though it has a free trial.
- Only Apploye lists a browser extension.
- Monitask also covers time clock.

Monitask and Apploye compared in full

2.2
GPA

Insightful

Free trial · from $8/mo

Workforce analytics with automatic time tracking and attendance.

- Only Monitask lists iOS and Android apps.
- Monitask also covers time clock.
- Insightful also covers dashboards.

Monitask and Insightful compared in full

2.4
GPA

Traqq

Free plan · from $4/mo

Time tracking with timesheets, invoices and no activity monitoring.

- Traqq has a free plan. Monitask does not, though it has a free trial.
- Only Monitask lists Linux, iOS and Android apps.
- Only Traqq lists a browser extension.

Monitask and Traqq compared in full

PART 06 · QUESTIONS

Quick answers

The questions people ask about it, each answered in a line or two

12

Questions, each answered in a line or two

The short version of everything above, for when you only need the answer. Each one is told in full in its part of the guide.

Is Monitask free?

No, Monitask is a paid product, but you can try it first. 10-day free trial.

How much does Monitask cost?

Monitask lists 4 plans. Pro: $6.49 per user / month, billed annually ($7.99 billed monthly).

What platforms does Monitask work on?

Monitask is available on Web, macOS, Windows, Linux, iOS and Android.

Does Monitask offer any discounts?

Monitask publicly lists the following: Save 18% with annual billing.

Is Monitask open source?

Monitask is not described as open source on its own site, as read on Nov 12, 2026.

Does Monitask have an API?

Yes. Monitask offers a public API, according to its own site.

What does Monitask integrate with?

Monitask's listing names Zapier and PayPal. A listing names up to eight integrations, so it may connect to more.

Who makes Monitask?

Monitask is made by a company of the same name.

What are the alternatives to Monitask?

The closest alternatives to Monitask in our directory are Hubstaff, Time Doctor, Apploye, Insightful and Traqq.

How does Monitask compare with other time tracking apps?

Monitask's GPA of 2.2 is higher than 23 of the 98 other time tracking apps we grade, and level with 17.

Is Monitask good value for money?

ToolGPA grades Monitask C for value for money. Its paid plans start at $6.49 a month for each person, against a middle price of $6.99 for the category: 36 of the 80 others that charge start lower.

Could I make my own version of Monitask?

The plain part of Monitask you could make: time tracking and reports. What surrounds it you could not.

Where this guide comes from

The prices, plans, platforms and features were read from Monitask's own pages on Nov 12, 2026, and the grades were given on Nov 12, 2026. Graded from this listing, whose facts were read from Monitask's own pages on 12 November 2026. Not based on using the product, and shorter than our full reviews.

Every tool we list gets five grades, A to F, each with its reason, and a GPA that averages them. How each is decided is at toolgpa.com/grades. This guide is ToolGPA's own work; it is not made, paid for or approved by Monitask. Prices change, so check monitask.com before you buy.

monitask.com/pricing/

monitask.com/

PART 07 · ABOUT

About ToolGPA

Who made this guide, what else is on the site, and how to cite it

7,721

Tools graded, in 95 categories

ToolGPA grades software the way a school report grades a pupil: five subjects, a letter for each with the reason written beside it, and a GPA that averages them. Prices, plans and platforms are read from each maker's own pages and dated, so you always know how fresh a figure is.

Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Every tool on the site has a guide like this one, free to download and pass on. It all lives at **toolgpa.com**.

7,721	95	739	579
tools graded	categories	price changes on record	apps priced in 12 countries

What else is on toolgpa.com

Monitask, kept up to date

Everything in this guide, with prices and grades as they are today

toolgpa.com/tools/monitask

How grades are given

The rules behind every letter and every GPA

toolgpa.com/grades

Value charts

What each tool costs against what it scores, for every category

toolgpa.com/charts

Compare

Any two tools side by side, plan by plan

toolgpa.com/compare

Price changes

Every price rise and cut on record, each with its source

toolgpa.com/price-changes

Prices by country

What apps cost on the App Store in 12 countries

toolgpa.com/prices-by-country

Pay less

Every public discount: yearly billing, students, nonprofits

toolgpa.com/save

Keep or make

Which tools are worth paying for, and which you could build yourself

toolgpa.com/keep-or-make

Scan for the live page

Prices and grades as they are today

Quoting this guide?

Please name ToolGPA and link to the live page, so readers can check the figures for themselves:

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ToolGPA, "Monitask: The Insider's Guide",
checked Nov 12, 2026.
https://toolgpa.com/tools/monitask
```

Know someone choosing between time tracking apps?

Send them this guide:
toolgpa.com/tools/monitask/guide

ToolGPA elsewhere: youtube.com/@toolgpa

See our other guides

The best-graded time tracking apps after Monitask, each with an Insider's Guide of its own.

Time Tracking Insider's Guide

Every one of the 99 time tracking apps we grade, compared

Jibble Insider's Guide

Free time clock and attendance tracker with GPS and face recognition

3.4 GPA

Clockify Insider's Guide

Team time tracker and timesheets with a free plan for 5 users

3.2 GPA

TimeCamp Insider's Guide

Time tracking with attendance, billing and a free plan for any team

3.2 GPA

ToolGPA

Choosing software? Every tool graded, every price dated.

Compare tools at toolgpa.com ›

Everything in this guide is ToolGPA's own summary of what Monitask's pages, its app-store listings and public reviews said on the dates shown. Grades are our judgement under the rules at toolgpa.com/grades. Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Monitask is a trademark of its owner, and this guide is not made, paid for or approved by Monitask. Prices and plans change: check monitask.com before you buy.