ToolGPA

NOVEMBER 2026

Pomodoro 365

The Insider's Guide

Pomodoro timer with video backgrounds, music and task tracking



Every plan, grade, refund rule and rival among focus apps, read from Pomodoro 365's own pages.

Made by Pomodoro 365 · checked Nov 13, 2026 · toolgpa.com

2.6
GPA



Contents

01 Welcome
What it is, who it suits, its grades and the ten things to know first

02 What it costs
Every plan, the free plan, ways to pay less and how prices have moved

03 What it does
Its main features, where it runs, what it works with and who makes it

04 Where it stands
Its grades against its category, and whether to keep it or make your own

05 The alternatives
The tools it is most often weighed against, side by side

06 Quick answers
The questions people ask about it, each answered in a line or two

07 About ToolGPA
Who made this guide, what else is on the site, and how to cite it

ToolGPA put this guide together from Pomodoro 365's own pages, its app-store listings and our grades. Every fact in it is on Pomodoro 365's page too, where it is kept up to date. Checked Nov 13, 2026.

Welcome

What it is, who it suits, its grades and the ten things to know first

2.6

GPA, above 35 of the 83 other focus apps we grade

Pomodoro 365 is a web Pomodoro timer paired with video backgrounds, a music library and a task list with projects and labels. Analytics and streaks track focus time. It can be installed to a device as an app without an app store.

To get you started, here are **9 things to know about Pomodoro 365**, taken from its own pages and our grades.

> "
>
> **You sign in first, then choose music, backgrounds and settings.**
>
> From our grade for ease of use

1 **Best for a Pomodoro timer with music and video backgrounds**

Larger music and video libraries, tasks and unlimited history need a paid plan, and it only runs in a browser.

2 **Paid plans start at $2.40 a month**

As its pricing page puts it: $2.4 per month, billed annually ($5 billed monthly).

3 **There is a free plan**

Starter: core Pomodoro timer, 20+ music tracks, 20+ video backgrounds, basic insights, 2 months of session history and 1 playlist.

4 **It runs on Web**

Web.

5 **Pomodoro timer**

25-minute focus sessions with adjustable focus, short break and long break lengths.

6 **Video backgrounds**

Nature, ambient and lofi scenes behind the timer; the full library is paid.

7 **Music and sounds**

Playlists of lofi, jazz, classical and ambient tracks plus nature sounds. Free accounts get a limited set and 1 playlist.

8 **A 2.6 GPA, above 35 of 83**

That is against the other focus apps we grade, on value, the free plan, features, ease of use and platforms.

9 **Your call**

A focus timer at its plainest counts down 25 minutes and keeps a log.

Pomodoro 365 at a glance

PRICING
Free plan, from $2.4 per month, billed annually ($5 billed monthly)

FREE PLAN
Yes

FREE TRIAL
14-day premium trial on the Starter plan

RUNS ON
Web

MADE BY
Pomodoro 365

CATEGORY
Focus Apps

OUR GRADE
2.6 GPA, good

The report card

Best for a Pomodoro timer with music and video backgrounds

Pomodoro 365 is a web timer with a free Starter plan and paid plans at $2.4 a month billed annually. Larger music and video libraries, tasks and unlimited history need a paid plan, and it only runs in a browser.

TOOLGPA REPORT CARD	Pomodoro 365	Graded Nov 13, 2026
SUBJECT	GRADE	COMMENT
Value for money	B	Professional is $2.4 a month billed annually ($5 monthly), inside the cheaper quarter of focus apps, which starts at $2.99. Lifetime Pro is $99.
Free plan and trial	B	Starter is free with the core timer, 20+ tracks, 20+ video backgrounds, basic insights and 2 months of history, plus a 14-day premium trial.
Features	B	Timer, video backgrounds, sounds, tasks, analytics and streaks. Tasks and the larger libraries are paid, but the core job is covered.
Ease of use	C	No store rating on record. You sign in first, then choose music, backgrounds and settings.
Platforms and integrations	C	Web only; the install option is a browser-installed app, not a store app.
Grade point average		Good, out of 4.0 **2.6**

An A is worth 4 points, a B 3, a C 2, a D 1 and an F nothing. The GPA is the average of the five.

Who Pomodoro 365 is for

- ✓ Fits if you want a Pomodoro timer with music and video backgrounds in the browser
- ✓ Works for people who will pay a few dollars a month for task tracking and history

Who it is not for

- ✗ Tight if you stay on Starter: tasks, bigger libraries and unlimited history need a paid plan
- ✗ Skip it if you want a phone or desktop app, as it is web only
- ✗ Pricey if you pay monthly, at $5 against $2.4 billed annually
- ✗ Watch out: subscribing requires signing in first, and the lifetime plan is labelled a limited-time offer

Good to know

Good for

- ✓ People who study or work better with a scene and music running
- ✓ Users who want task tracking attached to their timer

Worth knowing

- ⓘ The larger music, video and sound libraries, task management and unlimited history need a paid plan.
- ⓘ Subscribing requires signing in first.
- ⓘ Web only: the install option is a browser-installed app, not a store app.
- ⓘ The lifetime plan is labeled a limited-time offer.

PART 02 · PRICING

What it costs

Every plan, the free plan, ways to pay less and how prices have moved

$2.40

A month to start. There is a free plan too

Pomodoro 365 has a free plan. Paid plans start at $2.4 per month, billed annually ($5 billed monthly).

STARTER

$0

Core timer, 20+ tracks, 20+ video backgrounds, basic analytics and a limited content library.

PROFESSIONAL

$2.4

per month, billed annually ($5 billed monthly)

2000+ music tracks, full video library, 100+ nature sounds, advanced analytics, task management, reports and no watermark. The page says billed yearly saves 52%.

LIFETIME PRO

$99

one-time

Everything in Professional with lifetime access, shown as a limited-time offer.

The free plan

Starter: core Pomodoro timer, 20+ music tracks, 20+ video backgrounds, basic insights, 2 months of session history and 1 playlist.

Trying it first

14-day premium trial on the Starter plan

Read from pomodoro365.com on Nov 13, 2026.

Ways to pay less

ANNUAL DISCOUNT

Save 52% with annual billing

The pricing page shows $2.4 per month on annual billing against $5 per month billed monthly, and labels it a 52% saving.

Stated on pomodoro365.com

LIFETIME LICENSE

Lifetime Pro for $99

A single payment for lifetime access, marked a limited-time offer on the pricing page.

Stated on pomodoro365.com

What it does

Its main features, where it runs, what it works with and who makes it

1

Place it runs: Web

Pomodoro timer with video backgrounds, music and task tracking. Here is what it does, as its own site describes it, and what it covers: one-time purchase, tasks, Pomodoro timer, time tracking, focus music.

"

Timer, video backgrounds, sounds, tasks, analytics and streaks.

From our grade for features

Pomodoro timer

25-minute focus sessions with adjustable focus, short break and long break lengths.

Video backgrounds

Nature, ambient and lofi scenes behind the timer; the full library is paid.

Music and sounds

Playlists of lofi, jazz, classical and ambient tracks plus nature sounds. Free accounts get a limited set and 1 playlist.

Task management

Tasks with projects, labels, priorities and calendar integration, listed under Professional.

Analytics and streaks

Focus patterns, completed sessions, daily streaks and totals. Free keeps 2 months of history.

Installable app

Add it to a device as an app without a store.

Where it runs

Web

What it works with

Its own pages name no integrations.

Pomodoro 365 is made by Pomodoro 365.

PART 04 · STANDING

Where it stands

Its grades against its category, and whether to keep it or make your own

35/83

Other focus apps it is graded above

Pomodoro 365's GPA of 2.6 is higher than 35 of the 83 other focus apps we grade, and level with 13.

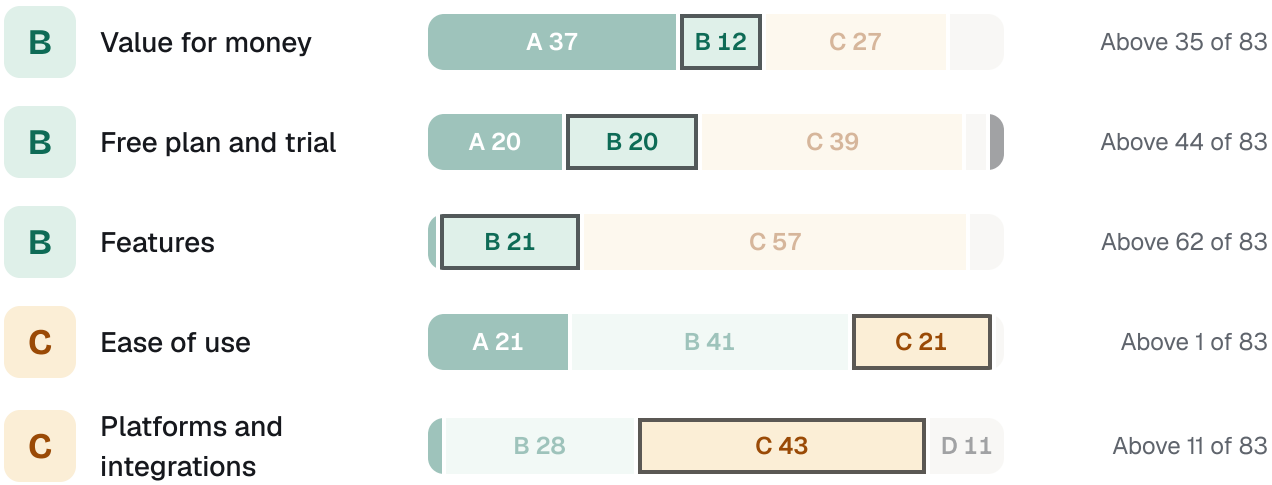
It stands best on features (B, above 62 of 83) and worst on ease of use (C, above 1).

Its paid plans start at $2.40 a month, against a middle price of $2.96 for the category: 17 of the 49 others that charge start lower.

On features, ease of use and platforms it scores 2.3 out of 4. 16 tools score higher and cost less.

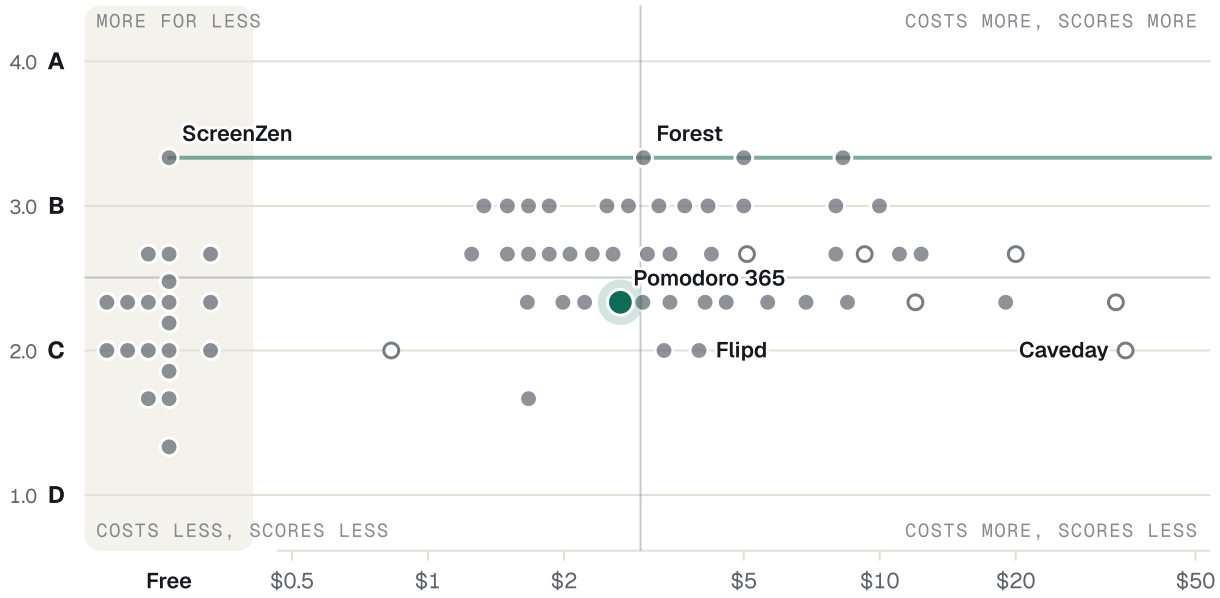
Each grade against the category

Every bar is all 84 focus apps we grade, cut by the letter each got. Pomodoro 365's own letter is outlined.



Price against what you get

Each dot is one of 70 focus apps. Further left costs less; higher up scores better on features, ease of use and platforms. Pomodoro 365 is the marked dot.



What paid plans start at, a month (each step along is roughly double)

Keep it, or make your own?

Whether this is something you could build for yourself with an AI app builder, and what you would give up.

Your call

A focus timer at its plainest counts down 25 minutes and keeps a log.

You could make the core of Pomodoro 365 for yourself: Pomodoro timer, tasks and time tracking. What you would give up is listed below. Whether that is worth the price is your call. At $28.80 a year it costs less than the weekend it would take to replace, which is the argument for keeping it.

What you could make

- Pomodoro timer, tasks and time tracking: an app builder makes these well.
- It runs in a browser, which is where something home-made would run too.

What you could not

- A library of sound you would have to license.
- The depth: we grade its features B, which means it covers the whole job.

What this rests on. Pomodoro 365's listing: what it does, where it runs, what it plugs into and what it costs. It is a judgement about the kind of software this is. We have not built a replacement for it, and making your own means looking after it too. How we decide, and every tool's verdict.

The alternatives

The tools it is most often weighed against, side by side



Pomofocus, Pomodoro Timer Online, Focus To-Do and Engross

The 4 tools Pomodoro 365 is most often weighed against, with where each one differs from it.

3.0 GPA

Pomofocus

Free plan · from $3/mo

Browser-based Pomodoro timer with a task list and reports.

- Only Pomofocus lists macOS, Windows and Linux apps.
- Pomodoro 365 also covers focus music.
- Pomofocus also covers templates.

Pomodoro 365 and Pomofocus compared in full

3.2 GPA

Pomodoro Timer Online

Free

Free browser Pomodoro timer with lofi music and a task list.

- Pomodoro 365 can be bought with a one-time purchase.
- Pomodoro 365 also covers time tracking.

Pomodoro 365 and Pomodoro Timer Online compared in full



2.6
GPA

Focus To-Do

Free plan · from $1.99

Pomodoro timer combined with a task list and time reports.

- Only Pomodoro 365 lists a web app.
- Only Focus To-Do lists iOS, Android, macOS and Windows apps.
- Only Focus To-Do lists a browser extension.

Pomodoro 365 and Focus To-Do compared in full



2.2
GPA

Engross

Free plan · from $5.99

Pomodoro timer with to-do list and planner for phones.

- Only Pomodoro 365 lists a web app.
- Only Engross lists iOS and Android apps.
- Pomodoro 365 can be bought with a one-time purchase.

Pomodoro 365 and Engross compared in full

PART 06 · QUESTIONS

Quick answers

The questions people ask about it, each answered in a line or two

13

Questions, each answered in a line or two

The short version of everything above, for when you only need the answer. Each one is told in full in its part of the guide.

Is Pomodoro 365 free?

Pomodoro 365 has a free plan. Starter: core Pomodoro timer, 20+ music tracks, 20+ video backgrounds, basic insights, 2 months of session history and 1 playlist.

How much does Pomodoro 365 cost?

Pomodoro 365 lists 3 plans. Starter: $0.

What platforms does Pomodoro 365 work on?

Pomodoro 365 is available on Web.

Does Pomodoro 365 offer any discounts?

Pomodoro 365 publicly lists the following: Save 52% with annual billing; Lifetime Pro for $99.

Does Pomodoro 365 have an Android app?

No Android app was listed when its pages were read on Nov 13, 2026. Pomodoro 365 is listed for Web.

Does Pomodoro 365 have an iPhone app?

No iPhone app was listed when its pages were read on Nov 13, 2026. Pomodoro 365 is listed for Web.

Is Pomodoro 365 open source?

Pomodoro 365 is not described as open source on its own site, as read on Nov 13, 2026.

Does Pomodoro 365 have a free trial?

Yes. 14-day premium trial on the Starter plan.

Who makes Pomodoro 365?

Pomodoro 365 is made by a company of the same name.

What are the alternatives to Pomodoro 365?

The closest alternatives to Pomodoro 365 in our directory are Pomofocus, Pomodoro Timer Online, Focus To-Do and Engross.

How does Pomodoro 365 compare with other focus apps?

Pomodoro 365's GPA of 2.6 is higher than 35 of the 83 other focus apps we grade, and level with 13.

Is Pomodoro 365 good value for money?

ToolGPA grades Pomodoro 365 B for value for money. Its paid plans start at $2.40 a month, against a middle price of $2.96 for the category: 17 of the 49 others that charge start lower.

Could I make my own version of Pomodoro 365?

A focus timer at its plainest counts down 25 minutes and keeps a log. You could make the core of Pomodoro 365 for yourself: Pomodoro timer, tasks and time tracking.

Where this guide comes from

The prices, plans, platforms and features were read from Pomodoro 365's own pages on Nov 13, 2026, and the grades were given on Nov 13, 2026. Graded from this listing, whose facts were read from Pomodoro 365's own pages on 13 November 2026. Not based on using the product, and shorter than our full reviews.

Every tool we list gets five grades, A to F, each with its reason, and a GPA that averages them. How each is decided is at toolgpa.com/grades. This guide is ToolGPA's own work; it is not made, paid for or approved by Pomodoro 365. Prices change, so check pomodoro365.com before you buy.

pomodoro365.com

pomodoro365.com/pricing

About ToolGPA

Who made this guide, what else is on the site, and how to cite it

7,721
Tools graded, in 95 categories

ToolGPA grades software the way a school report grades a pupil: five subjects, a letter for each with the reason written beside it, and a GPA that averages them. Prices, plans and platforms are read from each maker's own pages and dated, so you always know how fresh a figure is.

Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Every tool on the site has a guide like this one, free to download and pass on. It all lives at toolgpa.com.

7,721
tools graded

95
categories

739
price changes on record

579
apps priced in 12 countries

What else is on toolgpa.com

Pomodoro 365, kept up to date

Everything in this guide, with prices and grades as they are today

toolgpa.com/tools/pomodoro-365

How grades are given

The rules behind every letter and every GPA

toolgpa.com/grades

Value charts

What each tool costs against what it scores, for every category

toolgpa.com/charts

Compare

Any two tools side by side, plan by plan

toolgpa.com/compare

Price changes

Every price rise and cut on record, each with its source

toolgpa.com/price-changes

Prices by country

What apps cost on the App Store in 12 countries

toolgpa.com/prices-by-country

Pay less

Every public discount: yearly billing, students, nonprofits

toolgpa.com/save

Keep or make

Which tools are worth paying for, and which you could build yourself

toolgpa.com/keep-or-make

Scan for the live page

Prices and grades as they are today

Quoting this guide?

Please name ToolGPA and link to the live page, so readers can check the figures for themselves:

```
ToolGPA, "Pomodoro 365: The Insider's Guide",
checked Nov 13, 2026.
https://toolgpa.com/tools/pomodoro-365
```

Know someone choosing between focus apps?

Send them this guide: toolgpa.com/tools/pomodoro-365/guide

ToolGPA elsewhere: youtube.com/@toolgpa

See our other guides

The best-graded focus apps after Pomodoro 365, each with an Insider's Guide of its own.

Focus Apps Insider's Guide

Every one of the 84 focus apps we grade, compared

ScreenZen Insider's Guide

Free app that delays and blocks distracting apps and sites

3.6 GPA

Flora Insider's Guide

Free focus timer that grows trees, alone or with friends

3.2 GPA

Flow Insider's Guide

Minimal Pomodoro timer for Mac, iPhone, iPad and Apple Watch

3.2 GPA

ToolGPA

Choosing software? Every tool graded, every price dated.

Compare tools at toolgpa.com ›

Everything in this guide is ToolGPA's own summary of what Pomodoro 365's pages, its app-store listings and public reviews said on the dates shown. Grades are our judgement under the rules at toolgpa.com/grades. Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Pomodoro 365 is a trademark of its owner, and this guide is not made, paid for or approved by Pomodoro 365. Prices and plans change: check pomodoro365.com before you buy.