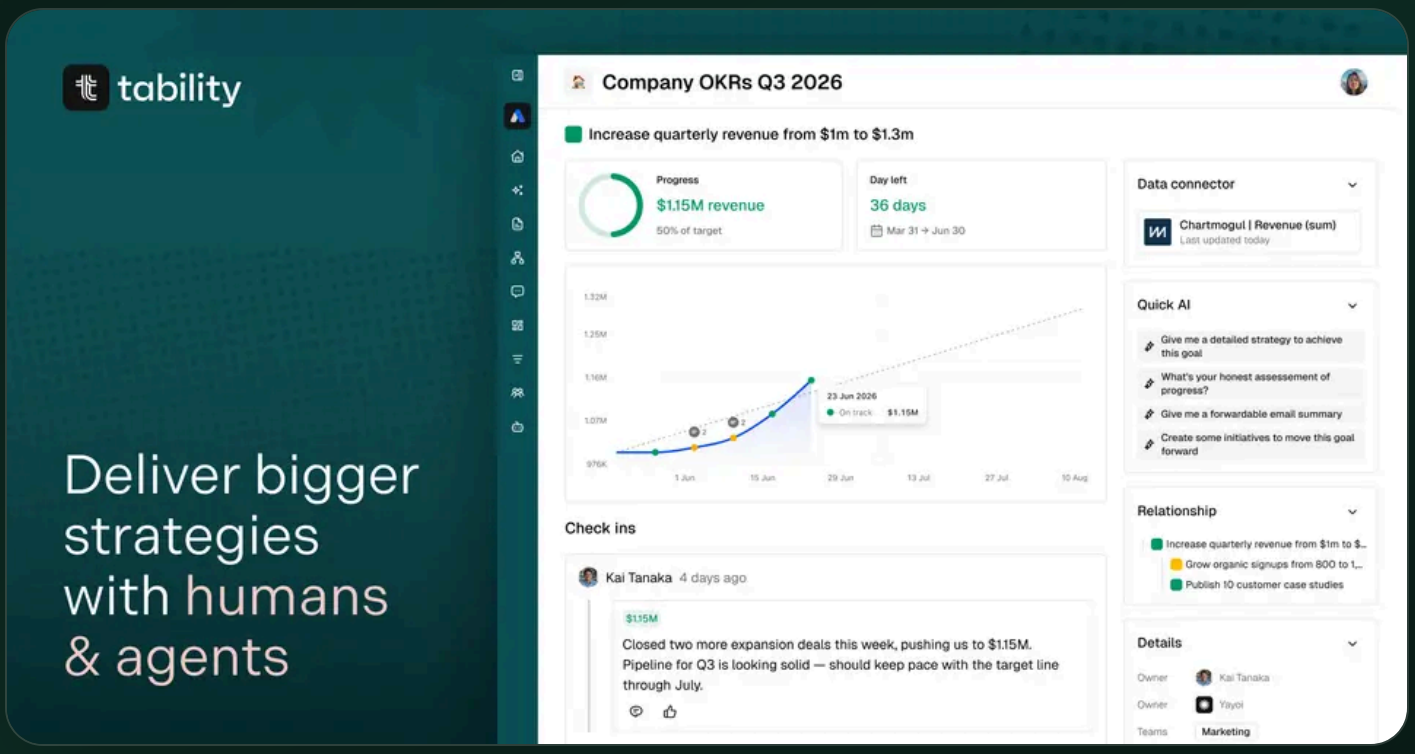
ToolGPA

NOVEMBER 2026

Tability

The Insider's Guide

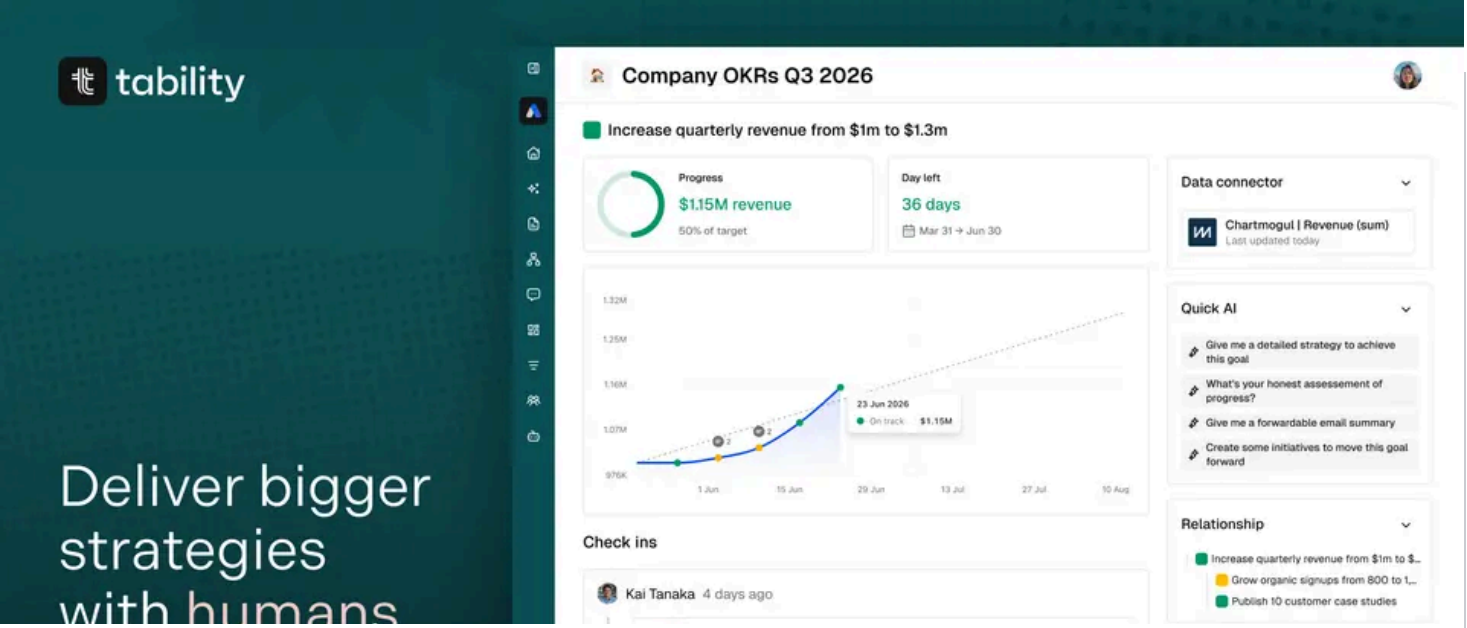
OKR and goal tracking software with AI check-ins



Every plan, grade, refund rule and rival among project management tools, read from Tability's own pages.

Made by Tability Pty Ltd · checked Nov 13, 2026 · toolgpa.com

2.6
GPA



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Who made this guide, what else is on the site, and how to cite it

ToolGPA put this guide together from Tability's own pages, its app-store listings and our grades. Every fact in it is on Tability's page too, where it is kept up to date. Checked Nov 13, 2026.

Welcome

What it is, who it suits, its grades and the ten things to know first

2.6

GPA, above 98 of the 149 other project management tools we grade

Tability is a goal-tracking tool for OKRs, with strategy maps, check-ins, initiatives, reporting and async standups. An AI assistant called Tabby and an MCP server are part of the product. Pricing is per user, with two free read-only seats for each paid seat.

> "
>
> **Goals and check-in cycles have to be set up.**
>
> From our grade for ease of use

To get you started, here are **9 things to know about Tability**, taken from its own pages and our grades.

1 **Best for OKRs and check-ins with weekly reminders**

There is no free plan, SSO and advanced reporting need Premium, and the Agentic plan is still marked coming soon.

2 **Paid plans start at $6 a month for each person**

As its pricing page puts it: $6 per user / month, billed yearly ($7 billed monthly).

3 **You can try it first**

14-day free trial, no credit card required

4 **It runs on Web**

Web.

5 **OKRs and check-ins**

Goals with progress check-ins, automated reminders, trends and custom check-in templates.

6 **Strategy map**

A view that cascades and connects goals across the organization.

7 **Initiatives and dependencies**

Initiatives with due dates and a kanban view, tied to the objective they serve.

8 **A 2.6 GPA, above 98 of 149**

That is against the other project management tools we grade, on value, the free plan, features, ease of use and platforms.

9 **Keep it**

The plain part of Tability you could make: goals, tasks and reports. What surrounds it you could not. The 4 things listed below take a company, not a weekend.

Tability at a glance

PRICING Free trial, from $6 per user / month, billed yearly ($7 billed monthly)	FREE PLAN No
FREE TRIAL 14-day free trial, no credit card required	RUNS ON Web
MADE BY Tability Pty Ltd	CATEGORY Project Management
OUR GRADE 2.6 GPA, good	

The report card

Best for OKRs and check-ins with weekly reminders

Tability tracks OKRs, check-ins and initiatives from $6 a user a month on yearly billing. There is no free plan, SSO and advanced reporting need Premium, and the Agentic plan is still marked coming soon.

TOOLGPA REPORT CARD	Tability	Graded Nov 13, 2026
SUBJECT	GRADE	COMMENT
Value for money	B	Basic is $6 a user a month on yearly billing, at the edge of the cheapest quarter of project tools.
Free plan and trial	C	A 14-day trial with no card. No free plan.
Features	B	OKRs, check-ins, a strategy map, initiatives with dependencies, reporting and standups. The gaps named are plan gates, not core work.
Ease of use	C	No store rating on record. Goals and check-in cycles have to be set up.
Platforms and integrations	B	Web only, with Slack, Teams, Jira, Linear, Asana and ClickUp links. A mobile app is advertised without platforms named.
Grade point average		Good, out of 4.0 **2.6**

An A is worth 4 points, a B 3, a C 2, a D 1 and an F nothing. The GPA is the average of the five.

Who Tability is for

- ✓ Fits if you want OKRs for a team and will pay $6 a person
- ✓ Works for teams that run weekly goal check-ins in Slack

Who it is not for

- ✗ Skip it if you want a free plan, as only a 14-day trial exists
- ✗ Pricey if you need SSO, SCIM or advanced reporting, which start at Premium at $10
- ✗ Not for you if you want the Agentic plan, which is labelled coming soon
- ✗ Watch out: the mobile app has no platforms named on the pages read

Good to know

Good for

- ✓ Teams starting with OKRs, since there is no user minimum
- ✓ Companies that want stakeholders to follow goals through free read-only seats
- ✓ Organizations tying goals to Jira, Linear or Slack work

Worth knowing

- ⓘ There is no free plan; every paid plan starts with a 14-day trial.
- ⓘ The Agentic plan is labeled coming soon on the pricing page.
- ⓘ SAML SSO and SCIM, advanced reporting and data connectors need Premium.
- ⓘ A mobile app is advertised, but the pages read do not say for which platforms, so only the web app is listed.

PART 02 · PRICING

What it costs

Every plan, the free plan, ways to pay less and how prices have moved

$6

A month to start, for each person

Tability is a paid product with a free trial, starting at $6 per user / month, billed yearly ($7 billed monthly).

BASIC

$6

per user / month, billed yearly ($7 billed monthly)

OKRs and check-ins, strategy map, initiatives and dependencies, Slack, Teams, Jira and Linear, with 4,000 AI credits and 25 prompts per user a month.

PREMIUM

$10

per user / month, billed yearly ($12 billed monthly)

Adds advanced reporting, data connectors, SAML SSO and SCIM, the AI mode and assistant, and 10,000 AI credits and 500 prompts per user a month.

AGENTIC

$20

per user / month, billed yearly ($25 billed monthly)

Marked coming soon. Everything in Premium plus Agent Manager, agent-to-agent collaboration and automated agent reporting, with more prompts and AI credits.

ENTERPRISE

Custom

Regional hosting in the US, EU or Australia, tailored onboarding, a dedicated customer success manager and 24/7 support.

Trying it first

14-day free trial, no credit card required

Read from tability.io on Nov 13, 2026.

Ways to pay less

ANNUAL DISCOUNT

Two months off with yearly billing

The pricing page states 2 months off on a yearly subscription; yearly prices are $6, $10 and $20 against $7, $12 and $25 monthly.

Stated on tability.io

NONPROFIT

Programme-based nonprofit discounts

The pricing FAQ says eligible organisations can get programme-based discounts by contacting Tability.

Stated on tability.io

What it does

Its main features, where it runs, what it works with and who makes it

1

Place it runs: Web

OKR and goal tracking software with AI check-ins. Here is what it does, as its own site describes it, and what it covers: public API, AI features, tasks, goals, reports.

> **OKRs, check-ins, a strategy map, initiatives with dependencies, reporting and standups.**
>
> From our grade for features

OKRs and check-ins

Goals with progress check-ins, automated reminders, trends and custom check-in templates.

Strategy map

A view that cascades and connects goals across the organization.

Initiatives and dependencies

Initiatives with due dates and a kanban view, tied to the objective they serve.

Reporting

Dashboards, presentation mode, a weekly digest, CSV and PDF export, and AI retrospectives.

AI assistant and MCP server

Tabby answers questions about goals and automates check-ins, and an MCP server lets Claude, ChatGPT and other clients work with the data.

Standups

Short async check-ins and a team directory.

Where it runs

Web

What it works with

Slack · Microsoft Teams · Jira · Linear · Asana · ClickUp · Notion · GitHub

Tability is made by Tability Pty Ltd.

Where it stands

Its grades against its category, and whether to keep it or make your own

98/149

Other project management tools it is graded above

Tability's GPA of 2.6 is higher than 98 of the 149 other project management tools we grade, and level with 21.

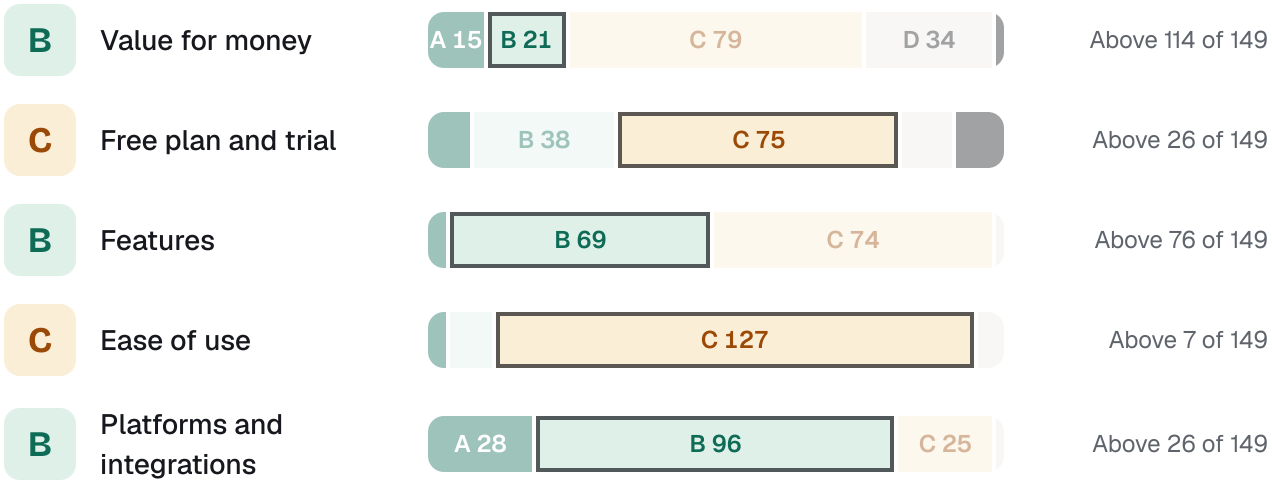
It stands best on value for money (B, above 114 of 149) and worst on ease of use (C, above 7).

Its paid plans start at $6 a month for each person, against a middle price of $9 for the category: 26 of the 121 others that charge start lower.

On features, ease of use and platforms it scores 2.7 out of 4. 9 tools score higher and cost less.

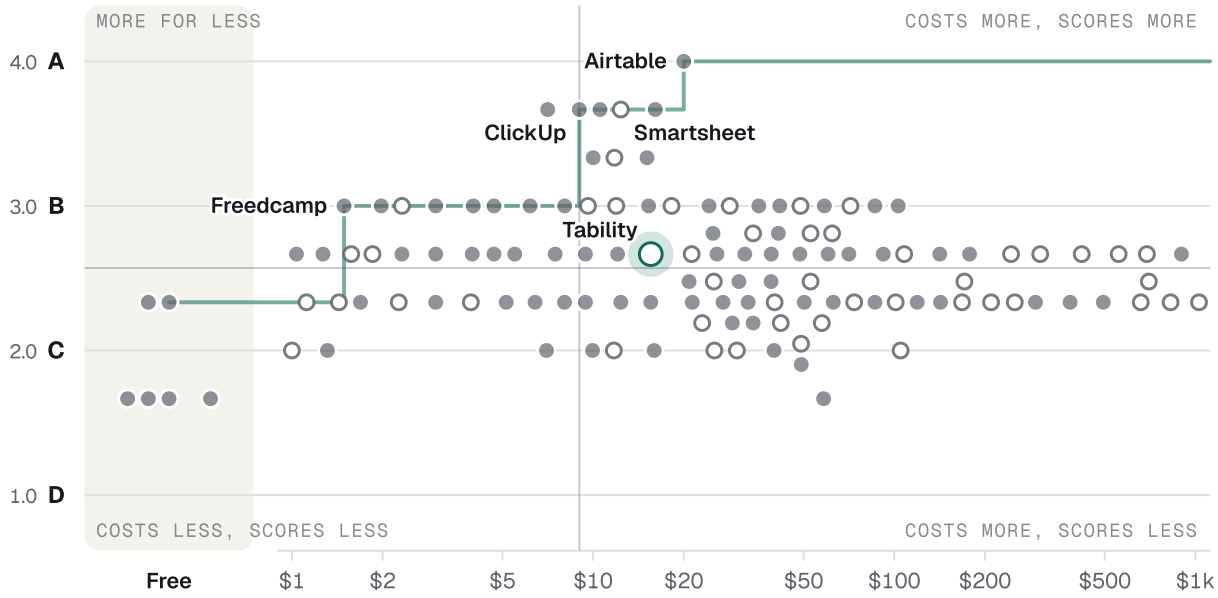
Each grade against the category

Every bar is all 150 project management tools we grade, cut by the letter each got. Tability's own letter is outlined.



Price against what you get

Each dot is one of 128 project management tools. Further left costs less; higher up scores better on features, ease of use and platforms. Tability is the marked dot.



What paid plans start at, a month (each step along is roughly double)

Keep it, or make your own?

Whether this is something you could build for yourself with an AI app builder, and what you would give up.

Keep it

The plain part of Tability you could make: goals, tasks and reports. What surrounds it you could not. The 4 things listed below take a company, not a weekend.

It costs $72 a year.

What you could make

- Goals, tasks and reports: an app builder makes these well.

What you could not

- It is priced for each person, which means accounts and billing for a team.

- It plugs into other products, Slack, Microsoft Teams and Jira among them, and has an API.
- AI features, unless you pay a model provider for each request yourself.
- The depth: we grade its features B, which means it covers the whole job.

What this rests on. Tability's listing: what it does, where it runs, what it plugs into and what it costs. It is a judgement about the kind of software this is. We have not built a replacement for it, and making your own means looking after it too. How we decide, and every tool's verdict.

The alternatives

The tools it is most often weighed against, side by side



Perdoo, Asana, monday.com, ClickUp and Airtable

The 5 tools Tability is most often weighed against, with where each one differs from it.

2.6 GPA

Perdoo

Free plan · from $9/mo

OKR and strategy execution software with projects and tasks.

- Perdoo has a free plan. Tability does not, though it has a free trial.
- Only Perdoo lists iOS and Android apps.
- Tability also covers reports.

Tability and Perdoo compared in full

3.0 GPA

Asana

Free plan · from $10.99/mo

Work management for projects, goals and cross-team workflows.

- Asana has a free plan. Tability does not, though it has a free trial.
- Only Asana lists macOS, Windows, iOS and Android apps.
- Tability also covers reports.

Tability and Asana compared in full



2.8
GPA

monday.com

Free plan · from $9/mo

Board-based work management with automations and dashboards.

- monday.com has a free plan. Tability does not, though it has a free trial.
- Only monday.com lists macOS, Windows, iOS and Android apps.
- Tability also covers goals and reports.

Tability and monday.com compared in full



3.0
GPA

ClickUp

Free plan · from $9/mo

Work platform combining tasks, docs, chat and dashboards.

- ClickUp has a free plan. Tability does not, though it has a free trial.
- Only ClickUp lists macOS, Windows, Linux, iOS and Android apps.
- Only ClickUp lists a browser extension.

Tability and ClickUp compared in full



3.0
GPA

Airtable

Free plan · from $20/mo

Relational database platform for building team workflows and apps.

- Airtable has a free plan. Tability does not, though it has a free trial.
- Only Airtable lists macOS, Windows, iOS and Android apps.
- Tability also covers tasks, goals and reports.

Tability and Airtable compared in full

PART 06 · QUESTIONS

Quick answers

The questions people ask about it, each answered in a line or two

14

Questions, each answered in a line or two

The short version of everything above, for when you only need the answer. Each one is told in full in its part of the guide.

Is Tability free?

No, Tability is a paid product, but you can try it first. 14-day free trial, no credit card required.

How much does Tability cost?

Tability lists 4 plans. Basic: $6 per user / month, billed yearly ($7 billed monthly).

What platforms does Tability work on?

Tability is available on Web.

Does Tability offer any discounts?

Tability publicly lists the following: Two months off with yearly billing; Programme-based nonprofit discounts.

Does Tability have an Android app?

No Android app was listed when its pages were read on Nov 13, 2026. Tability is listed for Web.

Does Tability have an iPhone app?

No iPhone app was listed when its pages were read on Nov 13, 2026. Tability is listed for Web.

Is Tability open source?

Tability is not described as open source on its own site, as read on Nov 13, 2026.

Does Tability have an API?

Yes. Tability offers a public API, according to its own site.

What does Tability integrate with?

Tability's listing names Slack, Microsoft Teams, Jira, Linear, Asana, ClickUp, Notion and GitHub.

Who makes Tability?

Tability is made by Tability Pty Ltd.

What are the alternatives to Tability?

The closest alternatives to Tability in our directory are Perdoo, Asana, monday.com, ClickUp and Airtable.

How does Tability compare with other project management tools?

Tability's GPA of 2.6 is higher than 98 of the 149 other project management tools we grade, and level with 21.

Is Tability good value for money?

ToolGPA grades Tability B for value for money. Its paid plans start at $6 a month for each person, against a middle price of $9 for the category: 26 of the 121 others that charge start lower.

Could I make my own version of Tability?

The plain part of Tability you could make: goals, tasks and reports. What surrounds it you could not.

Where this guide comes from

The prices, plans, platforms and features were read from Tability's own pages on Nov 13, 2026, and the grades were given on Nov 13, 2026. Graded from this listing, whose facts were read from Tability's own pages on 13 November 2026. Not based on using the product, and shorter than our full reviews.

Every tool we list gets five grades, A to F, each with its reason, and a GPA that averages them. How each is decided is at toolgpa.com/grades. This guide is ToolGPA's own work; it is not made, paid for or approved by Tability Pty Ltd. Prices change, so check tability.io before you buy.

tability.io/pricing
tability.io/about
tability.io/integrations

PART 07 · ABOUT

About ToolGPA

Who made this guide, what else is on the site, and how to cite it

7,721

Tools graded, in 95 categories

ToolGPA grades software the way a school report grades a pupil: five subjects, a letter for each with the reason written beside it, and a GPA that averages them. Prices, plans and platforms are read from each maker's own pages and dated, so you always know how fresh a figure is.

Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Every tool on the site has a guide like this one, free to download and pass on. It all lives at **toolgpa.com**.

7,721	95	739	579
tools graded	categories	price changes on record	apps priced in 12 countries

What else is on toolgpa.com

Tability, kept up to date

Everything in this guide, with prices and grades as they are today

toolgpa.com/tools/tability

How grades are given

The rules behind every letter and every GPA

toolgpa.com/grades

Value charts

What each tool costs against what it scores, for every category

toolgpa.com/charts

Compare

Any two tools side by side, plan by plan

toolgpa.com/compare

Price changes

Every price rise and cut on record, each with its source

toolgpa.com/price-changes

Prices by country

What apps cost on the App Store in 12 countries

toolgpa.com/prices-by-country

Pay less

Every public discount: yearly billing, students, nonprofits

toolgpa.com/save

Keep or make

Which tools are worth paying for, and which you could build yourself

toolgpa.com/keep-or-make

Scan for the live page

Prices and grades as they are today

Quoting this guide?

Please name ToolGPA and link to the live page, so readers can check the figures for themselves:

```
ToolGPA, "Tability: The Insider's Guide",
checked Nov 13, 2026.
https://toolgpa.com/tools/tability
```

Know someone choosing between project management tools?

Send them this guide: toolgpa.com/tools/tability/guide

ToolGPA elsewhere: youtube.com/@toolgpa

See our other guides

The best-graded project management tools after Tability, each with an Insider's Guide of its own.



Project Management Insider's Guide

Every one of the 150 project management tools we grade, compared



GitHub Issues Insider's Guide

Issue tracking and project planning built into GitHub

3.4 GPA



Freedcamp Insider's Guide

Project management suite with a free plan for unlimited users

3.2 GPA



Huly Insider's Guide

Open-source project management with chat, docs and video calls

3.2 GPA

ToolGPA

Choosing software? Every tool graded, every price dated.

Compare tools at toolgpa.com ›

Everything in this guide is ToolGPA's own summary of what Tability's pages, its app-store listings and public reviews said on the dates shown. Grades are our judgement under the rules at toolgpa.com/grades. Every grade, review and ranking on ToolGPA is our own judgement. No company can pay for a grade or change one. Tability is a trademark of its owner, and this guide is not made, paid for or approved by Tability Pty Ltd. Prices and plans change: check tability.io before you buy.